



Toxicité tubulaire du ténofovir

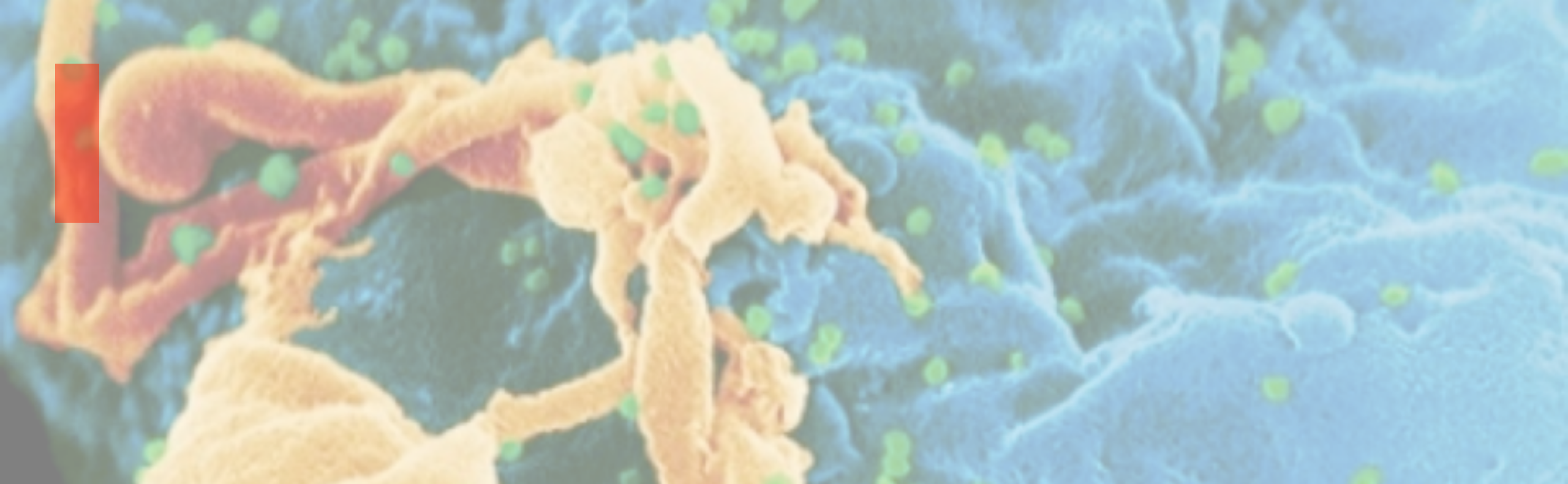
Dr Vincent Bourquin - service de néphrologie - <http://nephrohug.com>





Rein et infection par le VIH

1



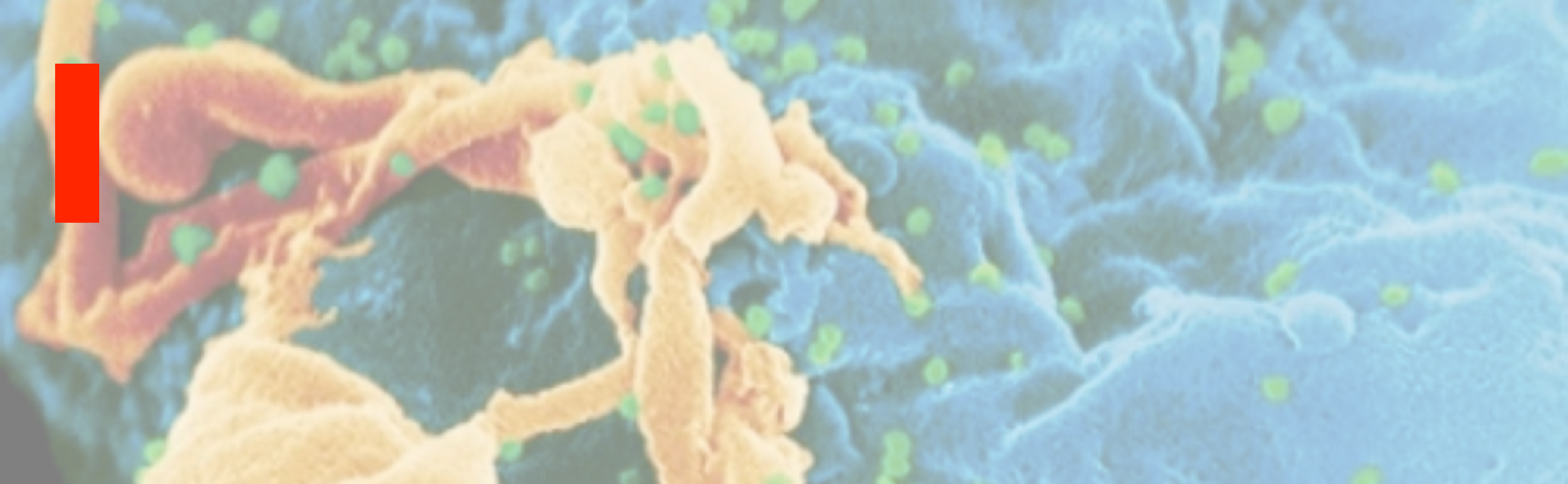
Rein et infection par le VIH

2



Inhibiteurs nucléotidiques de la transcriptase inverse
NtRTI

1



Rein et infection par le VIH

3



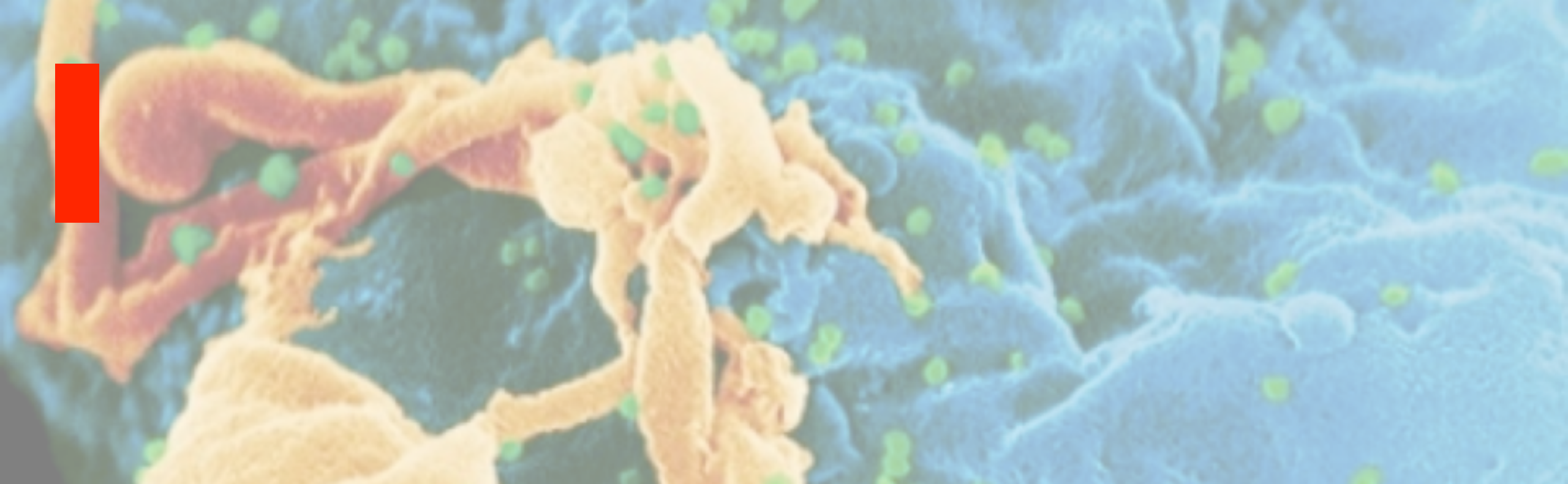
Quel suivi et quel bilan ?

2



Inhibiteurs nucléotidiques de la transcriptase inverse
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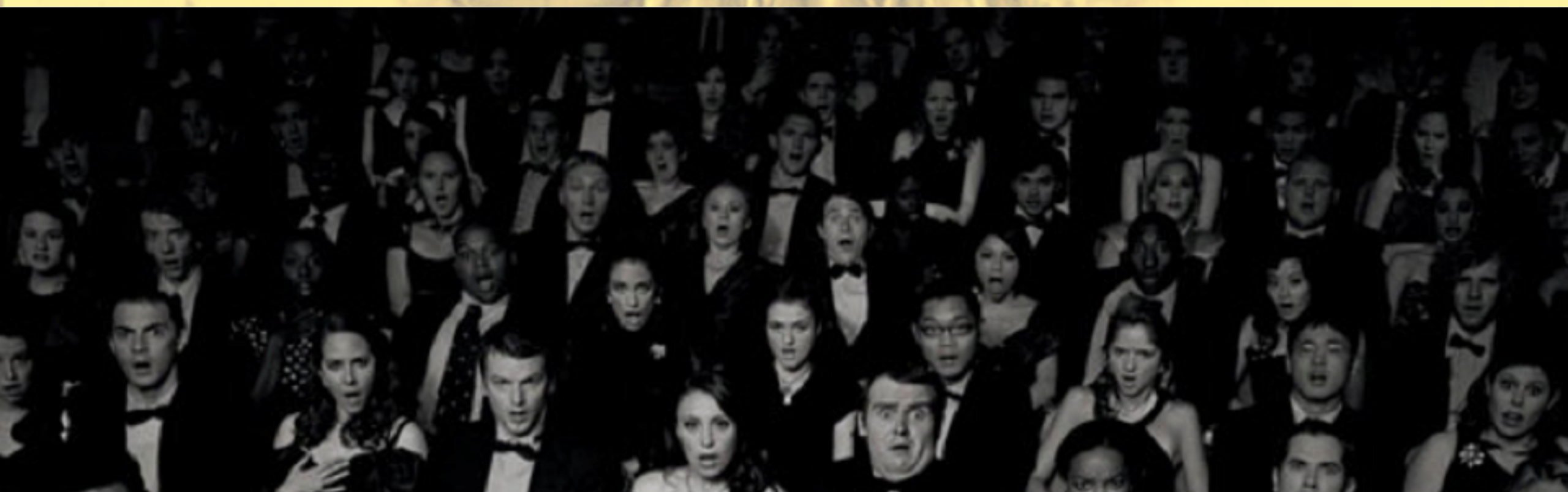


Quel suivi et quel bilan ?

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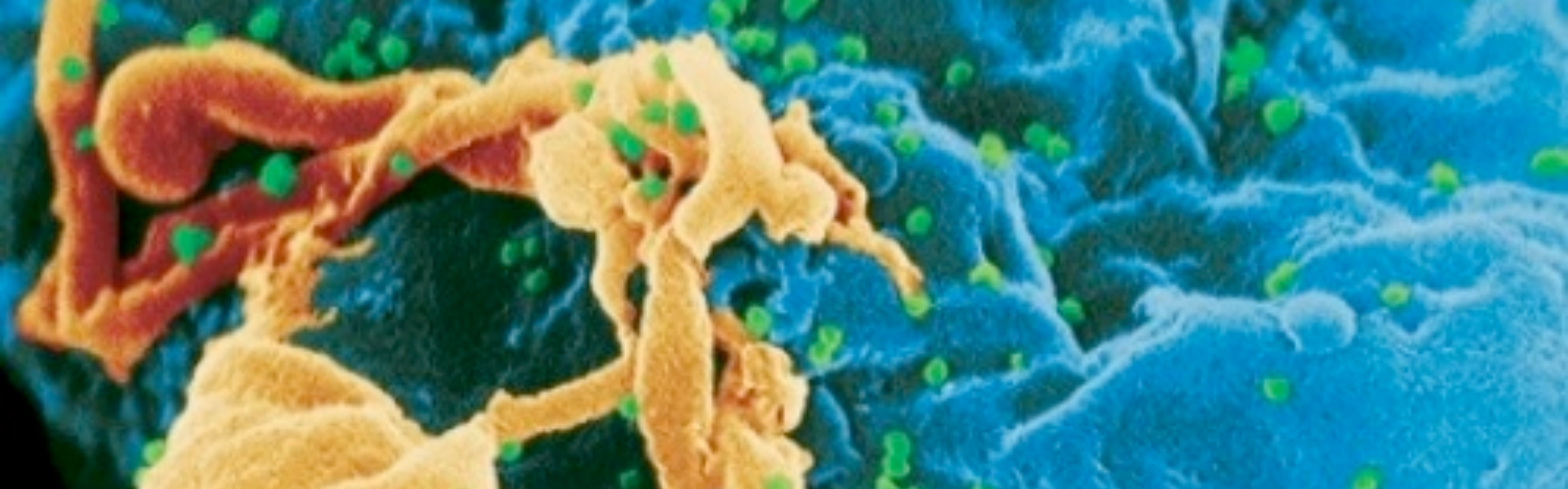


Inhibiteurs nucléotidiques de la transcriptase inverse
NtRTI



Cas cliniques et discussion





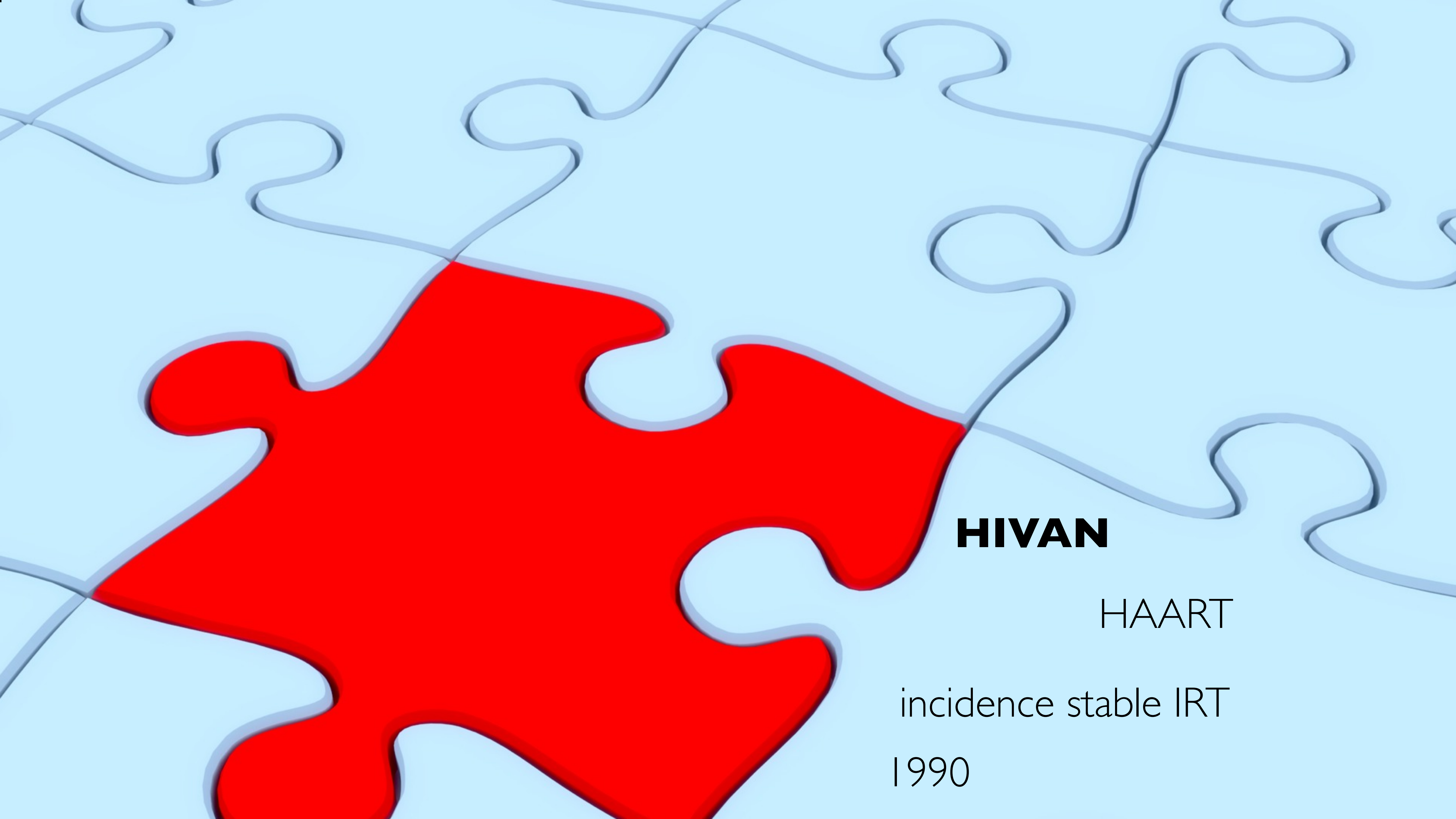
Rein et infection par le VIH





L'épidémiologie des néphropathies chez les patients infectés
par le VIH s'est considérablement modifiée...

Source: Plaisier et coll. Presse Med 2012

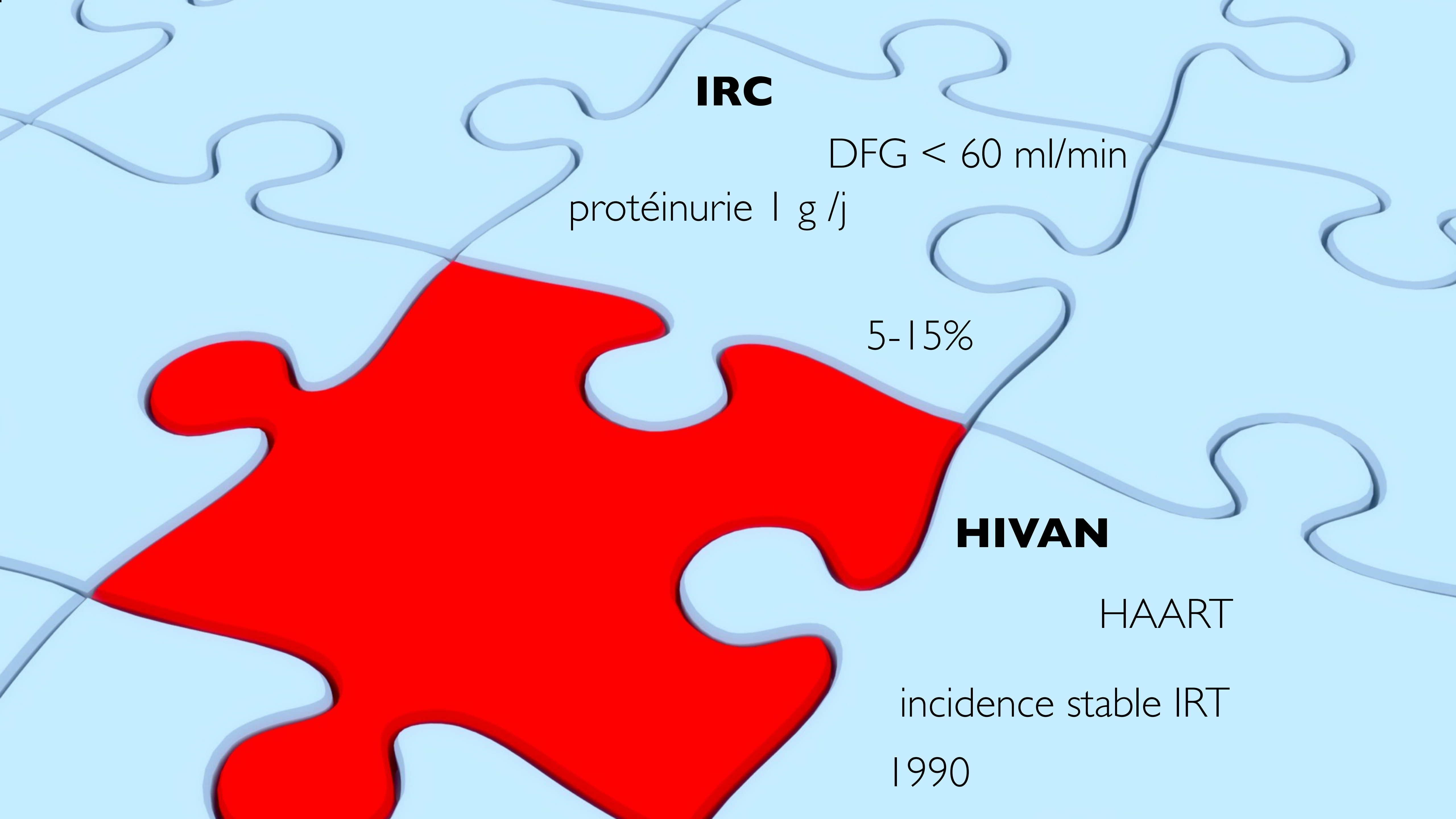


HIVAN

HAART

incidence stable IRT

1990



IRC

DFG < 60 ml/min

protéinurie 1 g /j

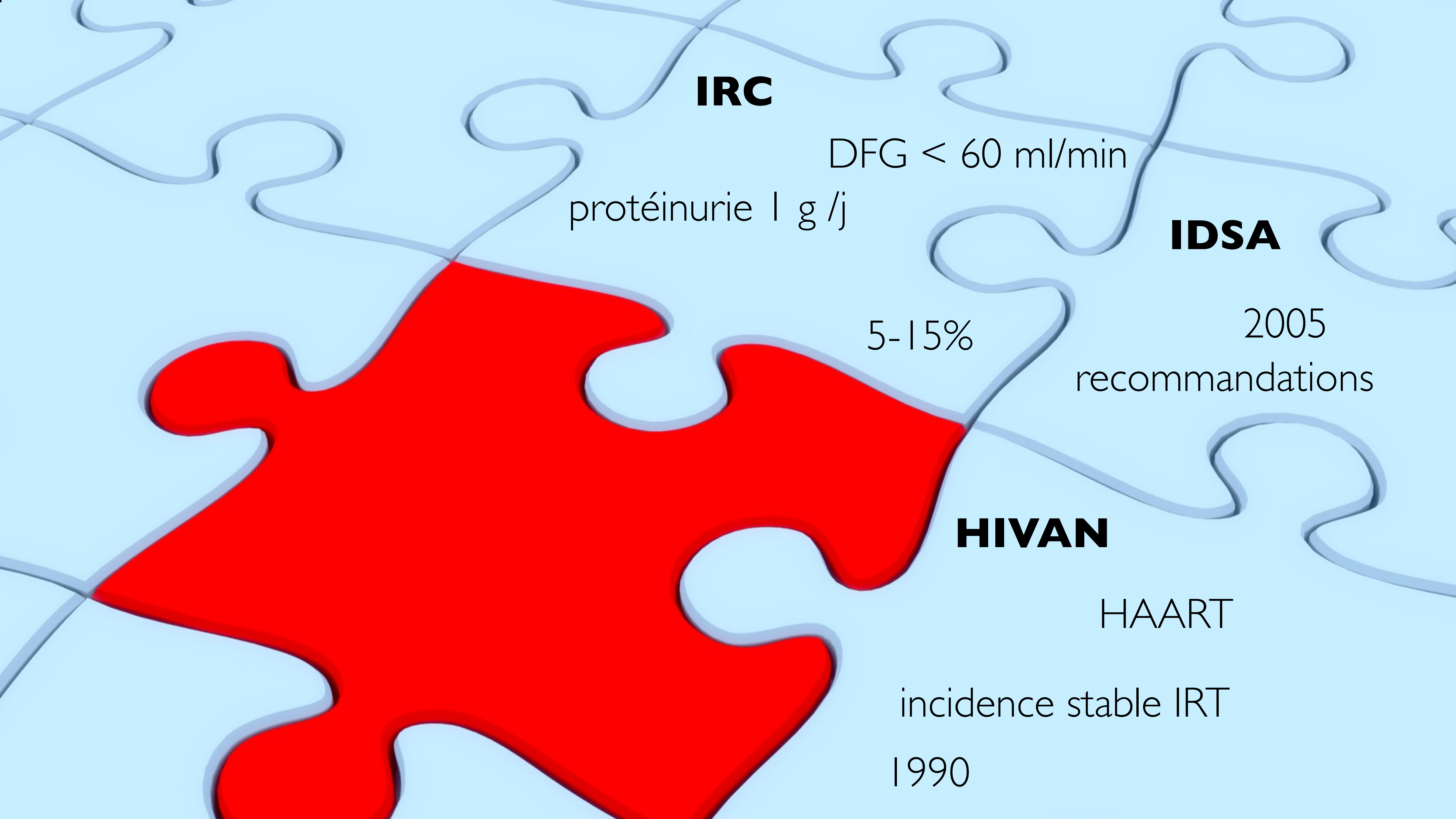
5-15%

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recommandations

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Dyslipidémie

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néphrotoxiques

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HIVAN

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ARV

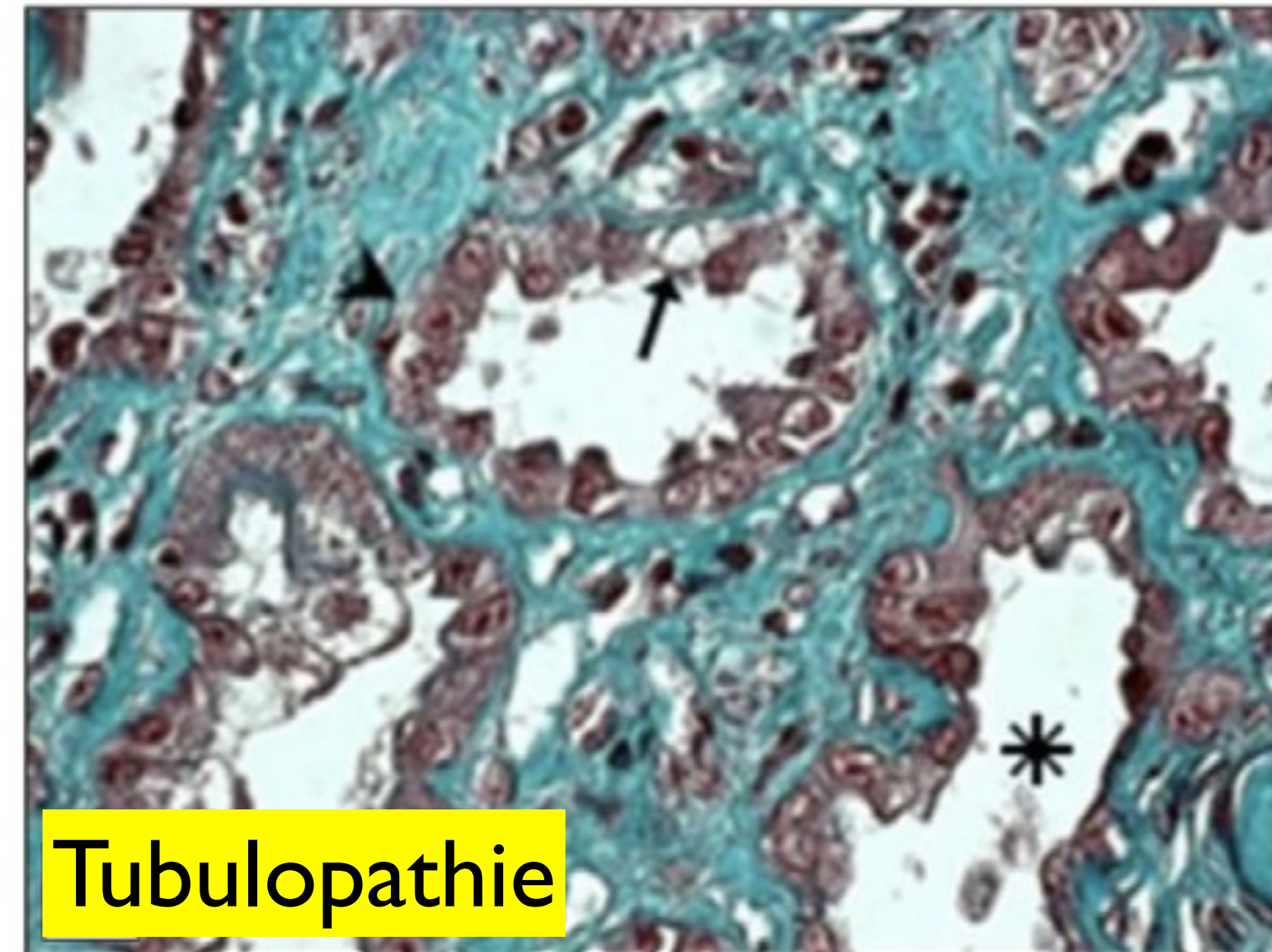
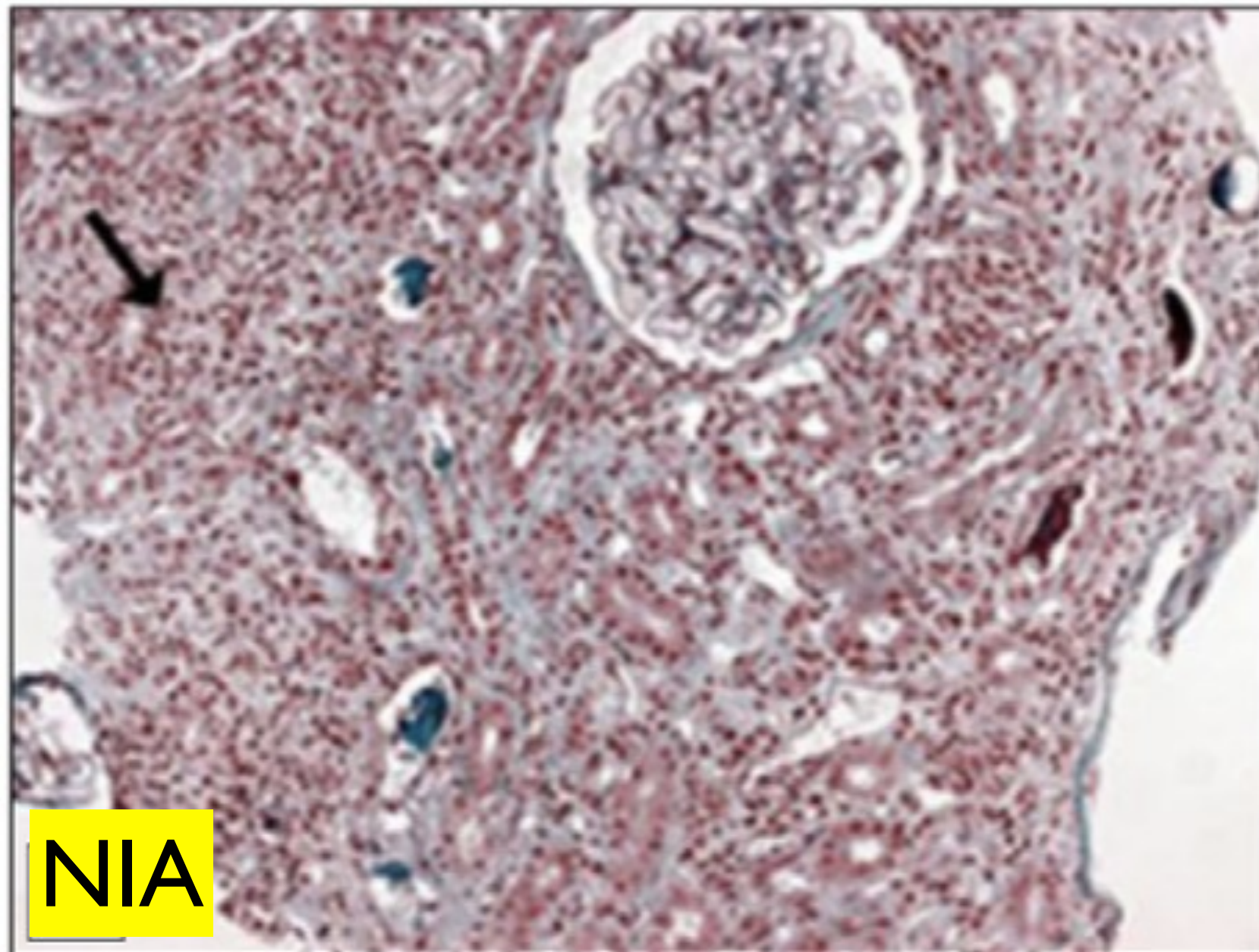
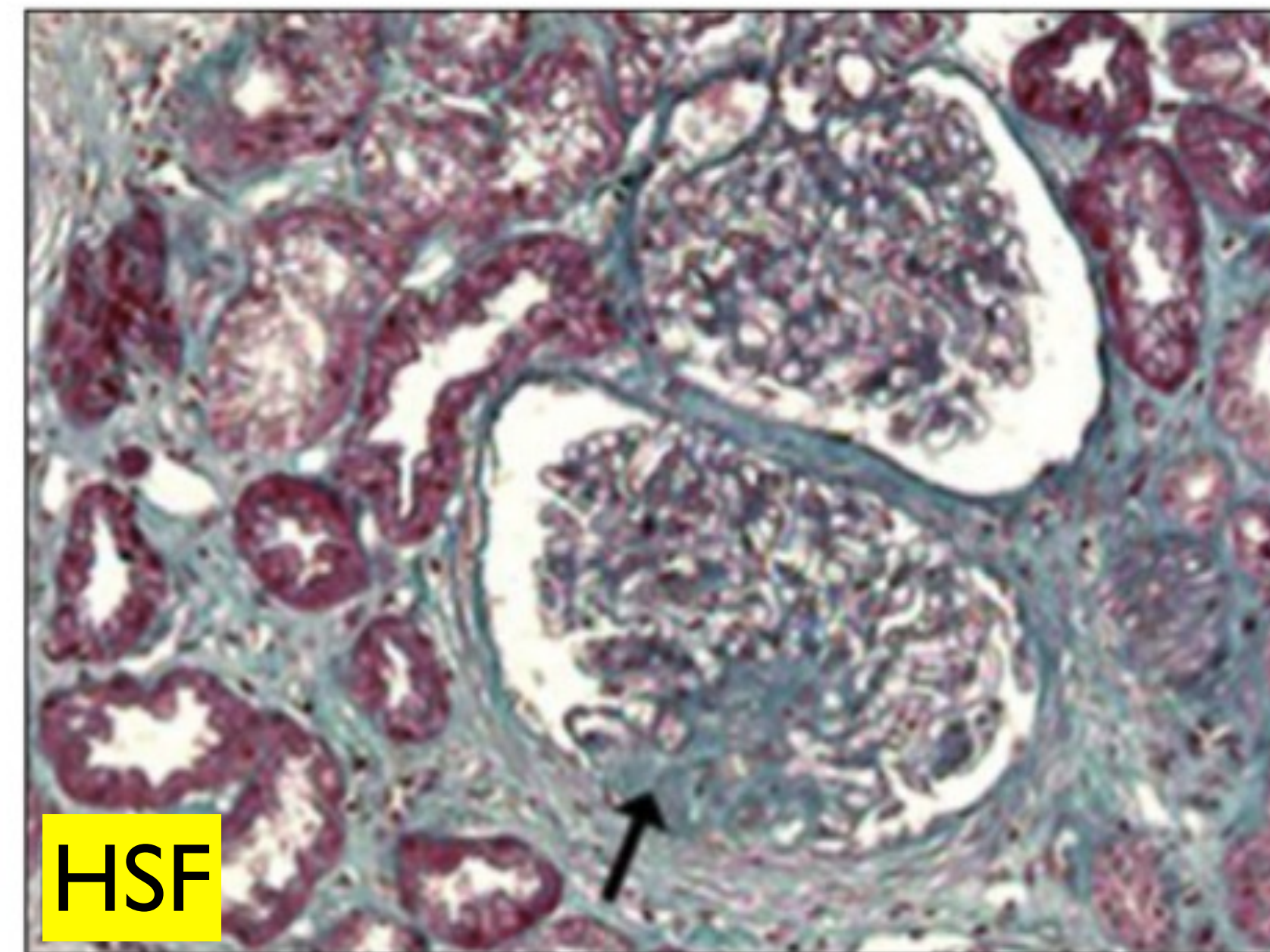
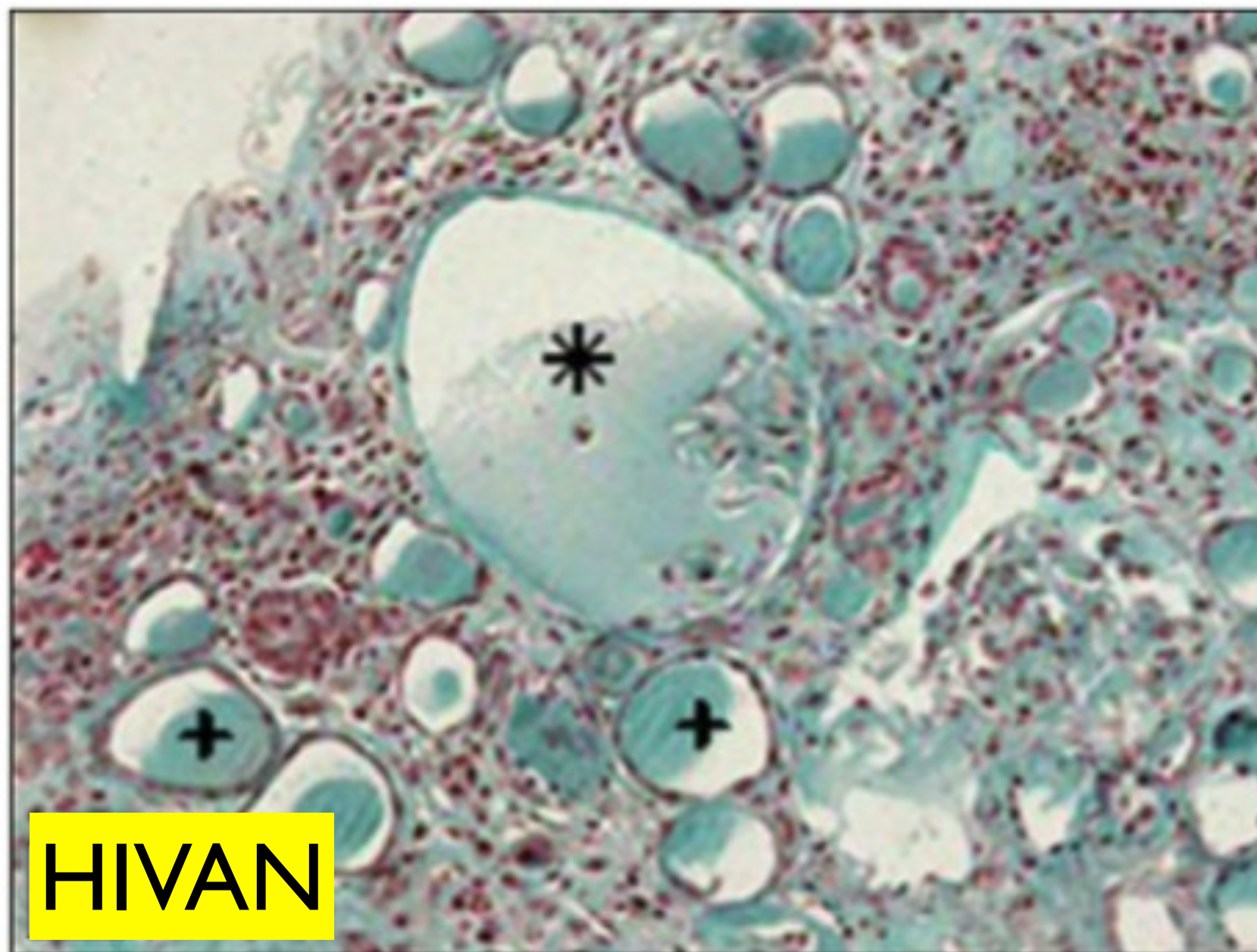
incidence stable IRT

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Dyslipidémie

tabac

surpoids



Source: Plaisier et coll. Presse Med 2012

Timeline of ARV approval

1987: 1st NRTI Approved

1987: Zidovudine

1991: Didanosine

1992: Zalcitabine

1994: Stavudine

1995: 1st PI

1995: Lamivudine, Invirase[®]

1996: 1st NNRTI

1996: Nevirapine, Ritonavir, Indinavir

1997: Delavirdine, Nelfinavir, Fortovase[®]

1998: Abacavir, Efavirenz

1999: Amprenavir

2000: Lopinavir/ritonavir

2001: Tenofovir

2003: 1st Fusion Inhibitor

2003: T-20, Atazanavir, Emtricitabine,
Fosamprenavir

2005: Tipranavir

2006: Darunavir

2007: Maraviroc

Stades	Description	DFG (ml/min/1.73 m²)
1	Maladie rénale avec DFG normal	≥ 90
2	Maladie rénale avec faible baisse du DFG	60-89
3	Baisse modérée du DFG	30-59
4	Baisse sévère du DFG	15-29
5	Insuffisance rénale terminale	< 15 ou dialyse

Classification K/DOQI selon le DFG de l'insuffisance rénale chronique

Evaluation du risque par DFGe et protéinurie (KDIGO 2009)				Stade de protéinurie, description et valeurs (mg/mg)				
				A1		A2	A3	
				Optimal et normal- haut		haut	Très haut et néphrotique	
				<0.01	0.01-0.029	0.03-0.29	0.3-1.99	≥ 2
DFGe, stades, description et valeurs	G1	Haut et optimal	> 105					
			90-104					
	G2	Moyen	75-89					
			60-74					
	G3a	Moyen à modérée	45-59					
	G3b	Modéré à sévere	30-44					
	G4	Sévere	15-29					
	G5	IRT	<15					

Source: <http://nephrohug.com/2011/11/07/protéinurie-aspects-pratiques/>

	Formule Cockcroft-Gault Nephron 1976	Equation MDRD Ann Int Med 1999
Prediction Model	Best Fit	Stepwise Linear Regression Model
Response variable	24h urine creatinine clearance	¹²⁵ I Iothalamate clearance
Validation	> 200 hospitalized male patients with wide range of clearance values	Approx. 1600 patients with CKD and mean GFR 23 ml/min/1.73m ²
Caveats	Not validated in special populations, including HIV	Not validated in special population, including HIV
Clinical Uses	In dose adjustment for drugs excreted by kidneys	More sensitive estimate of renal function

Source: Gupta et coll. CID 2005

Infectious Disease Society of America (IDSA)

Dépistage systématique de l'insuffisance rénale chronique au diagnostic de la maladie VIH par la recherche d'une protéinurie à la bandelette urinaire et l'estimation du DFG.

Infectious Disease Society of America (IDSA)

Ce bilan doit être répété **annuellement** chez les patients issus de population noire, diabétique, hypertendus, co-infectés par le virus de l'hépatite C dont les CD4 sont inférieurs à 200/mm³ ou la charge virale VIH est supérieure à 4'000 copies/mL

Infectious Disease Society of America (IDSA)

Evaluation néphrologique est recommandée en présence d'une protéinurie d'une croix ou plus et/ou si le DFG est inférieur à 60/ml/min/1.73 m²

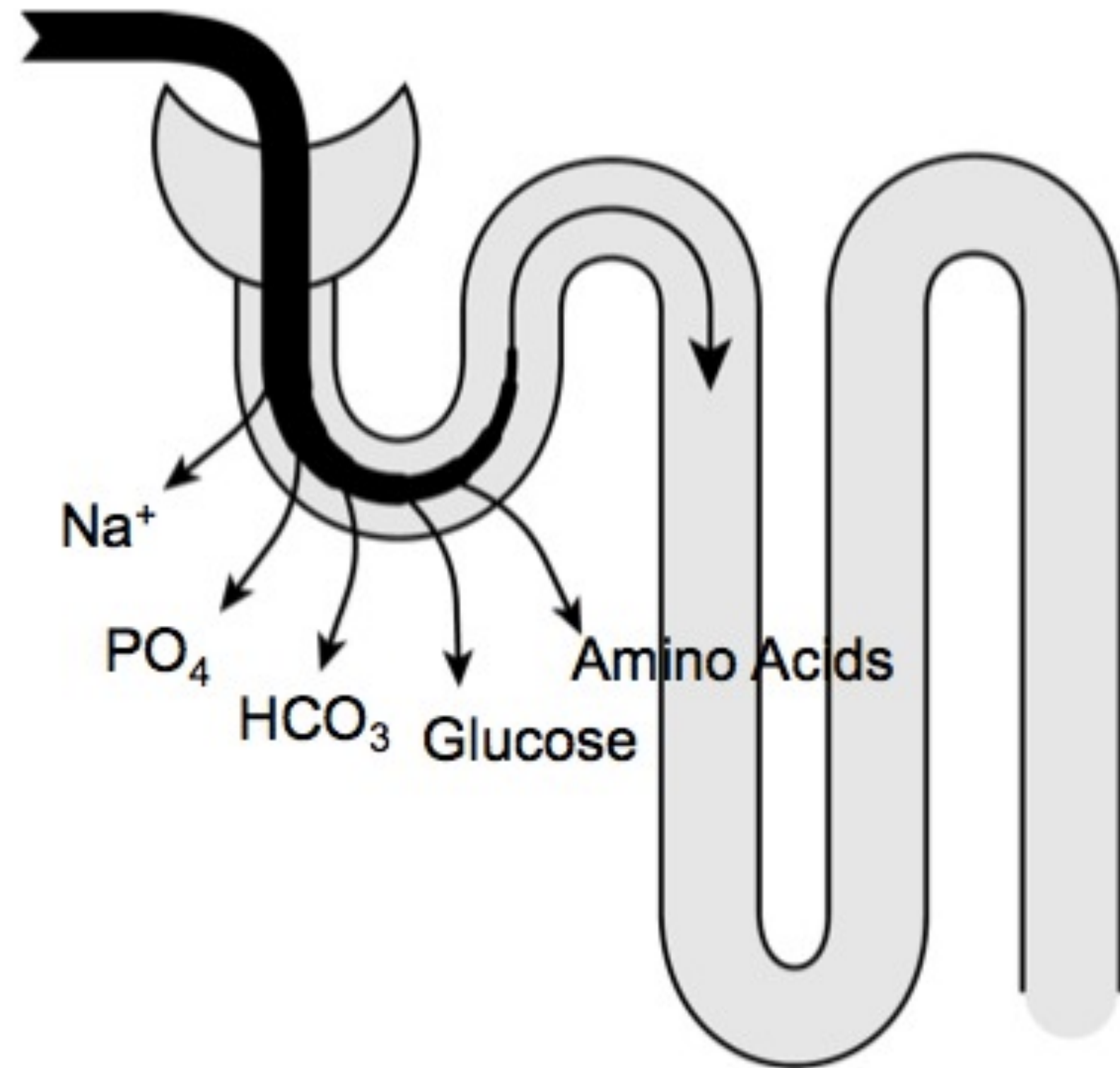
	Débit de filtration glomérulaire (mL/min/1,73 m ²)				Hémodialyse
	> 50	30–49	10–29	< 10	
Didanosine (Videx [®])	400 mg/24 h (≥ 60 kg)	200 mg/24 h	150 mg/24 h	100 mg/24 h	100 mg/24 h
	250 mg/12 h (< 60 kg)	150 mg/24 h	100 mg/24 h	75 mg/24 h	75 mg/24 h
Emtricitabine (Emtriva [®])	200 mg/24 h	200 mg/48 h	200 mg/72 h	200 mg/4 jours	200 mg fin séance
Lamivudine (Epivir [®])	150 mg/12 h ou 300 mg/24 h	150 mg/24 h	Dose de charge de 150 mg puis 25 à 100 mg/24 h		
Stavudine (Zerit [®])	40 mg/12 h (≥ 60 kg)	20 mg × 2/24 h	20 mg/24 h	20 mg/24 h	20 mg/24 h
	30 mg/12 h (< 60 kg)	15 mg × 2/24 h	15 mg/24 h	15 mg/24 h	15 mg/24 h
Zidovudine (Retrovir [®])	300 mg/12 h	300 mg/12 h	150 mg/12 h	150 mg/12 h	150 mg/12 h
Ténofovir (Viread [®])	300 mg/24 h	300 mg/48 h	300 mg/72 h	300 mg 1 fois par semaine	
Maraviroc (Celsentri [®])				Non évalué	
+ IP/ritonavir	150 mg/24 h ¹	150 mg/24 h	150 mg/24 h		
+ Saquinavir/ritonavir	150 mg/24 h ¹	150 mg/48 h	150 mg/72 h		
Emtricitabine/Ténofovir (Truvada [®])	1 cp/24 h	1 cp/48 h	Non recommandé Utiliser Emtriva [®] et Viread [®] séparément en adaptant les posologies		
Abacavir/Lamivudine (Kivexa [®])	1 cp/24 h	Non recommandé Utiliser séparément abacavir (Ziagen [®]) et Epivir [®] en adaptant les posologies d'Epivir [®]			
Névirapine (Viramune [®])	400 mg/j				200 mg/j, fin séance
Nelfinavir (Viracept [®])	1250 mg/j				1250 mg/j, fin séance

Source: Plaisier et coll. Presse Med 2012

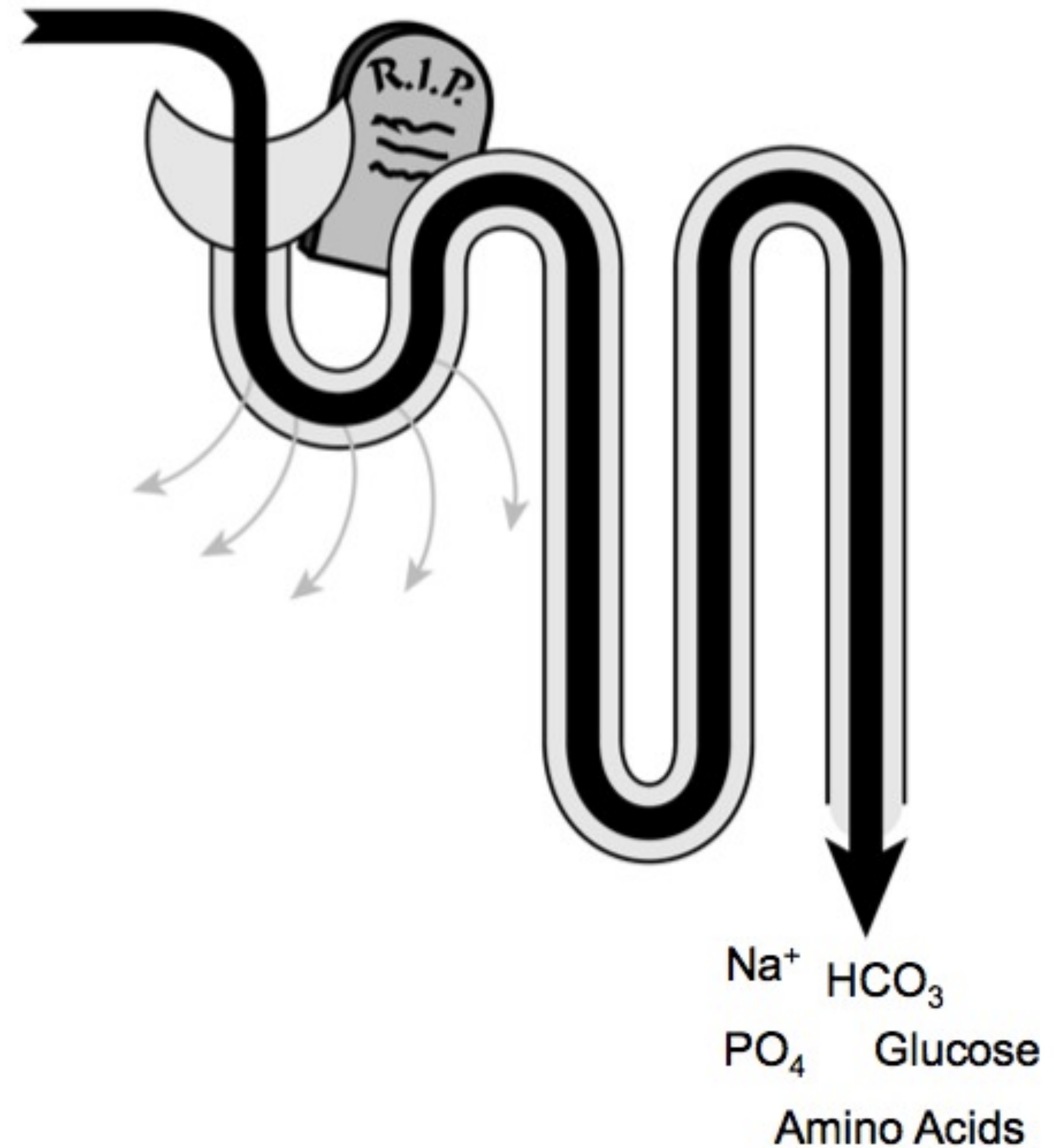
	Précipitation intratubulaire/Lithiases	Tubulopathie proximale	Néphrite interstitielle aiguë	Inconnue (IRA)
<i>Inhibiteurs des protéases</i>				
Indinavir	X		X	
Nelfinavir/Saquinavir	X			
Lopinavir	X			
Atazanavir	X			
Ritonavir				X
Amprenavir	X			
<i>Inhibiteurs nucléos(t)idiques de la transcriptase inverse</i>				
Didanosine		X		
Abacavir			X	
Stavudine				X
Ténofovir		X		
<i>Inhibiteurs non nucléosidiques de la transcriptase inverse</i>				
Efavirenz	X		X	
Nevirapine			X	

Source: Plaisier et coll. Presse Med 2012

Proximal Tubule

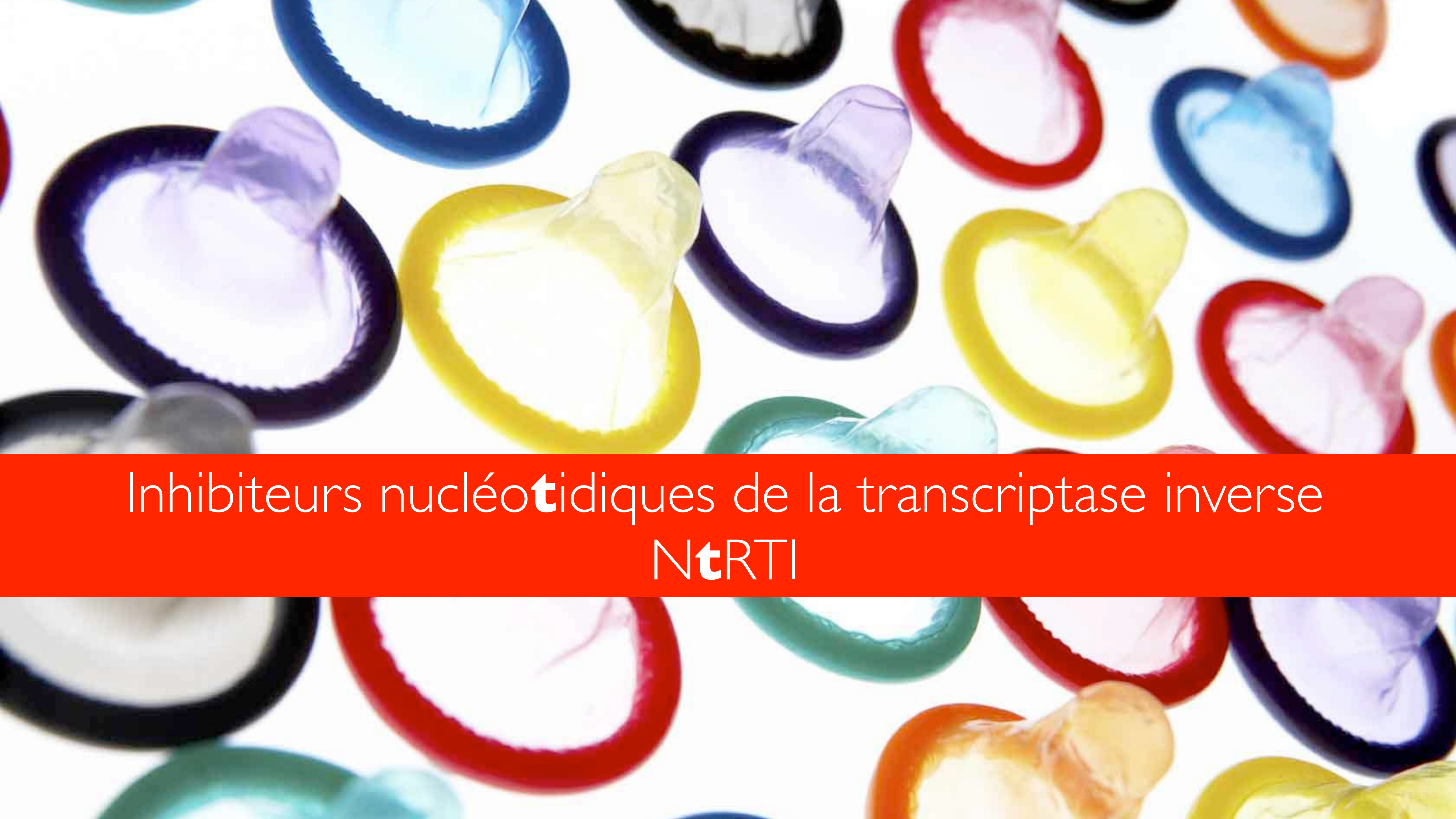


Fanconi's Syndrome

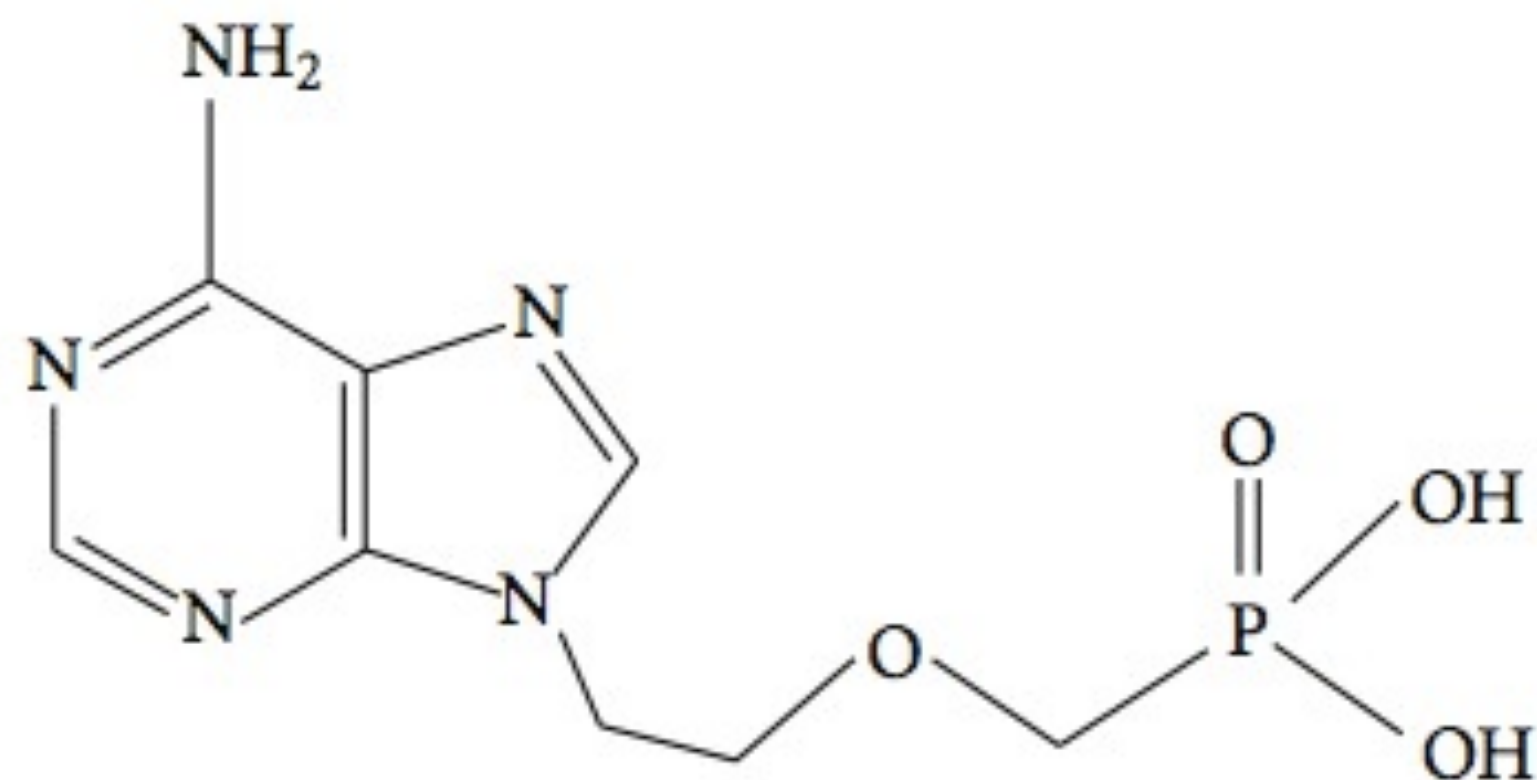




Evaluation néphrologique

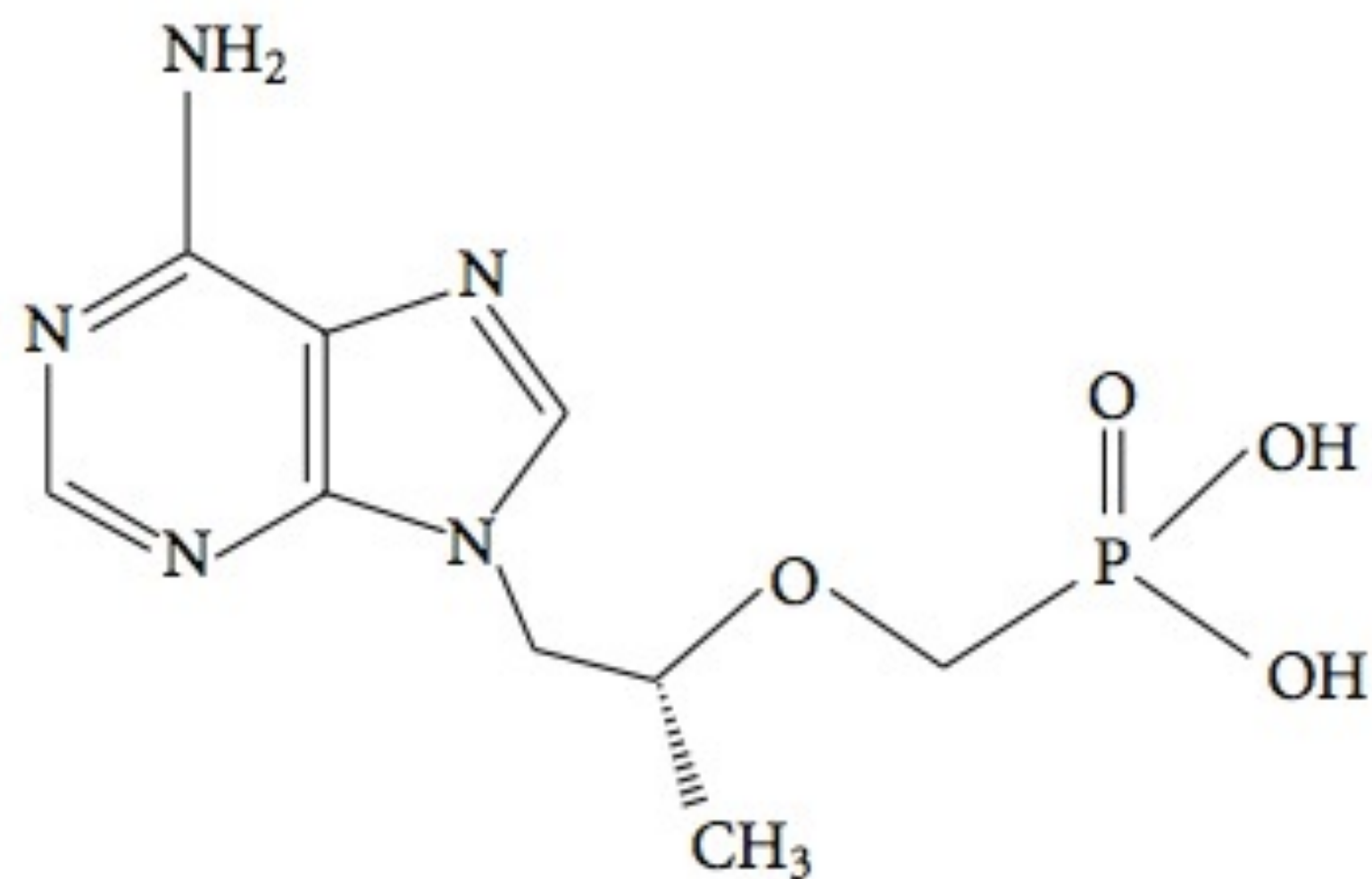


Inhibiteurs nucléotidiques de la transcriptase inverse NtRTI



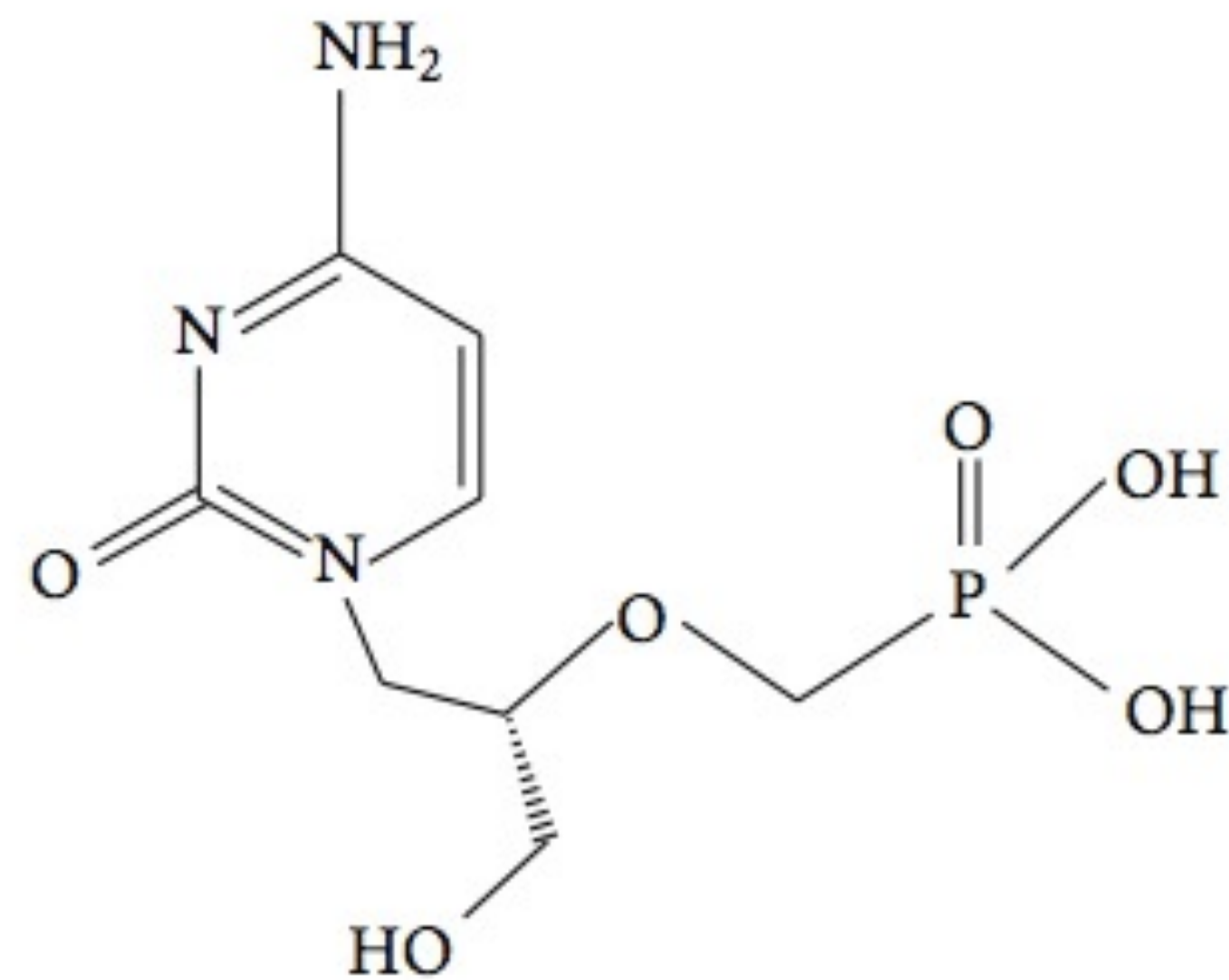
Adéfovir

Hepsera®



Ténofovir

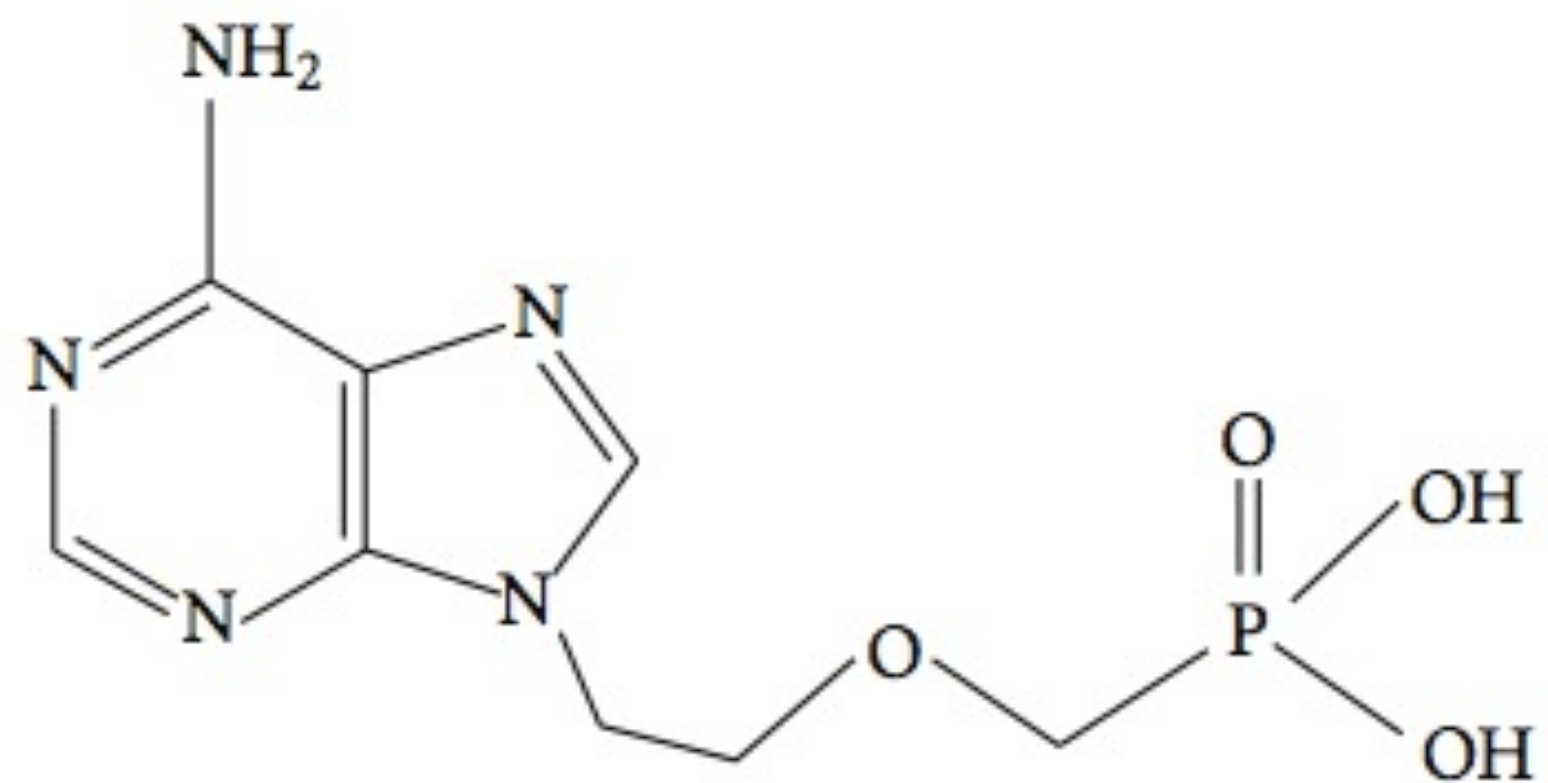
Viread®, Truvada®, Atripla®



Cidofovir

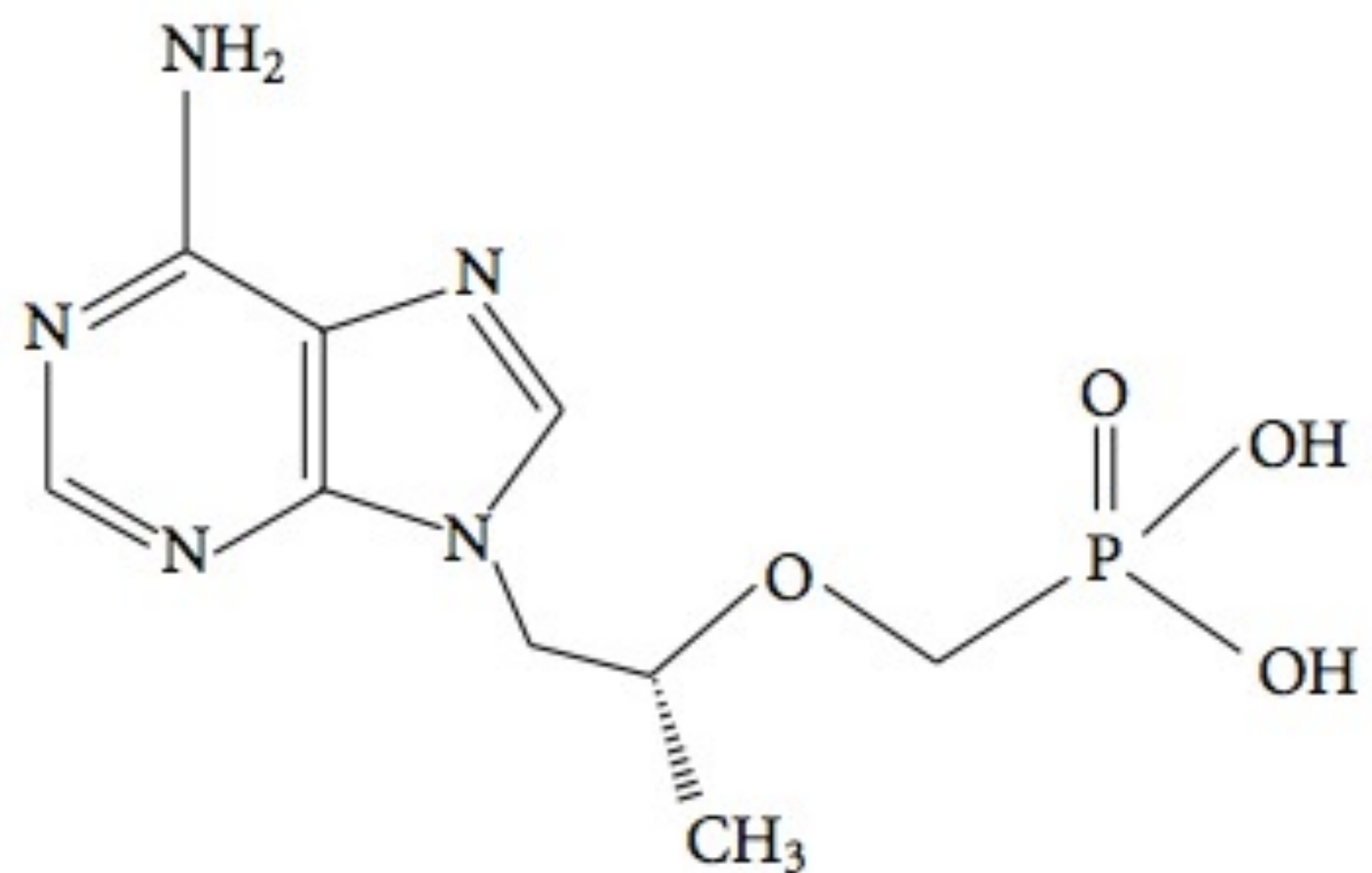
Vistide®





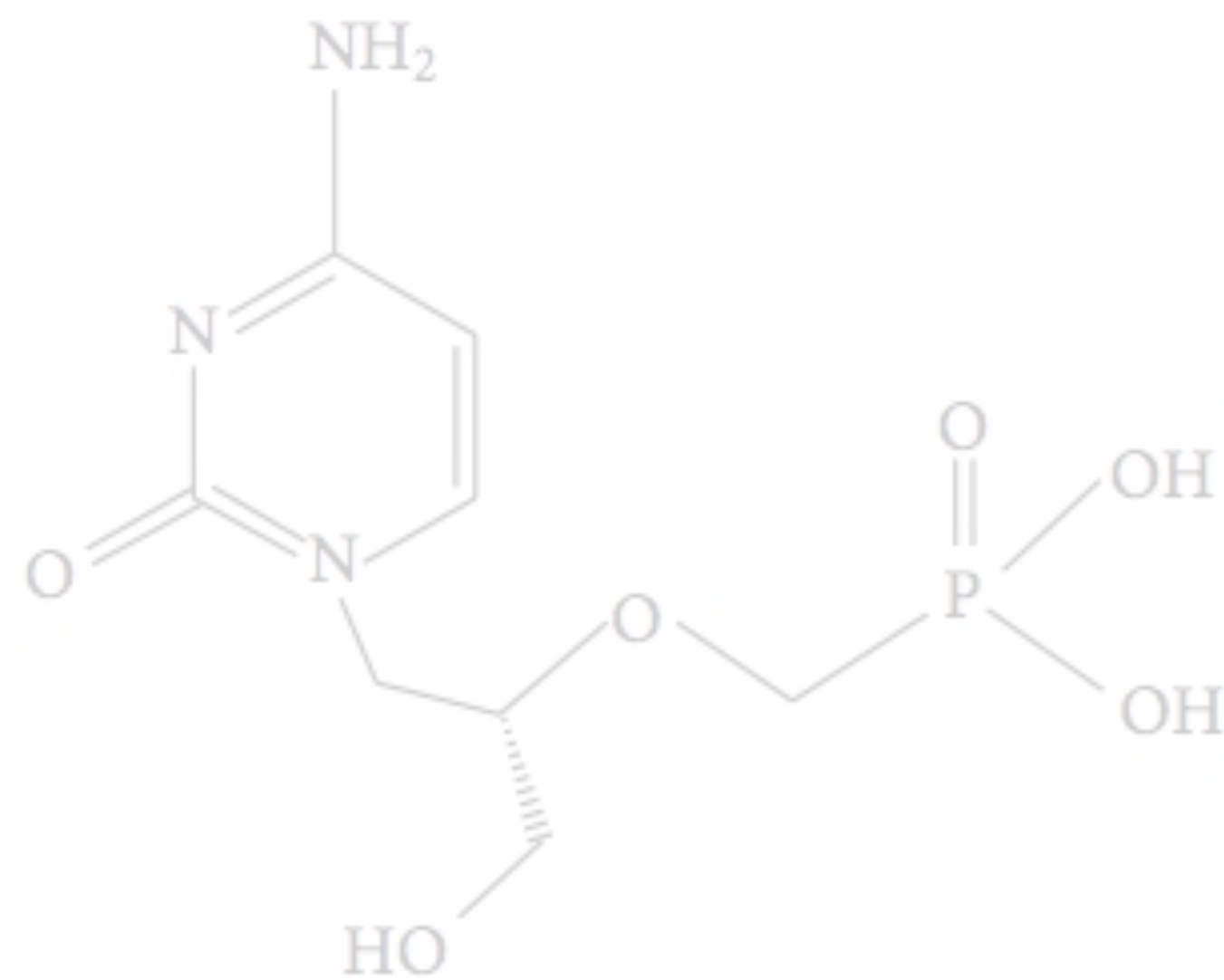
Adéfovir

Hepsera®



Ténofovir

Viread®, Truvada®, Atripla®



Cidofovir

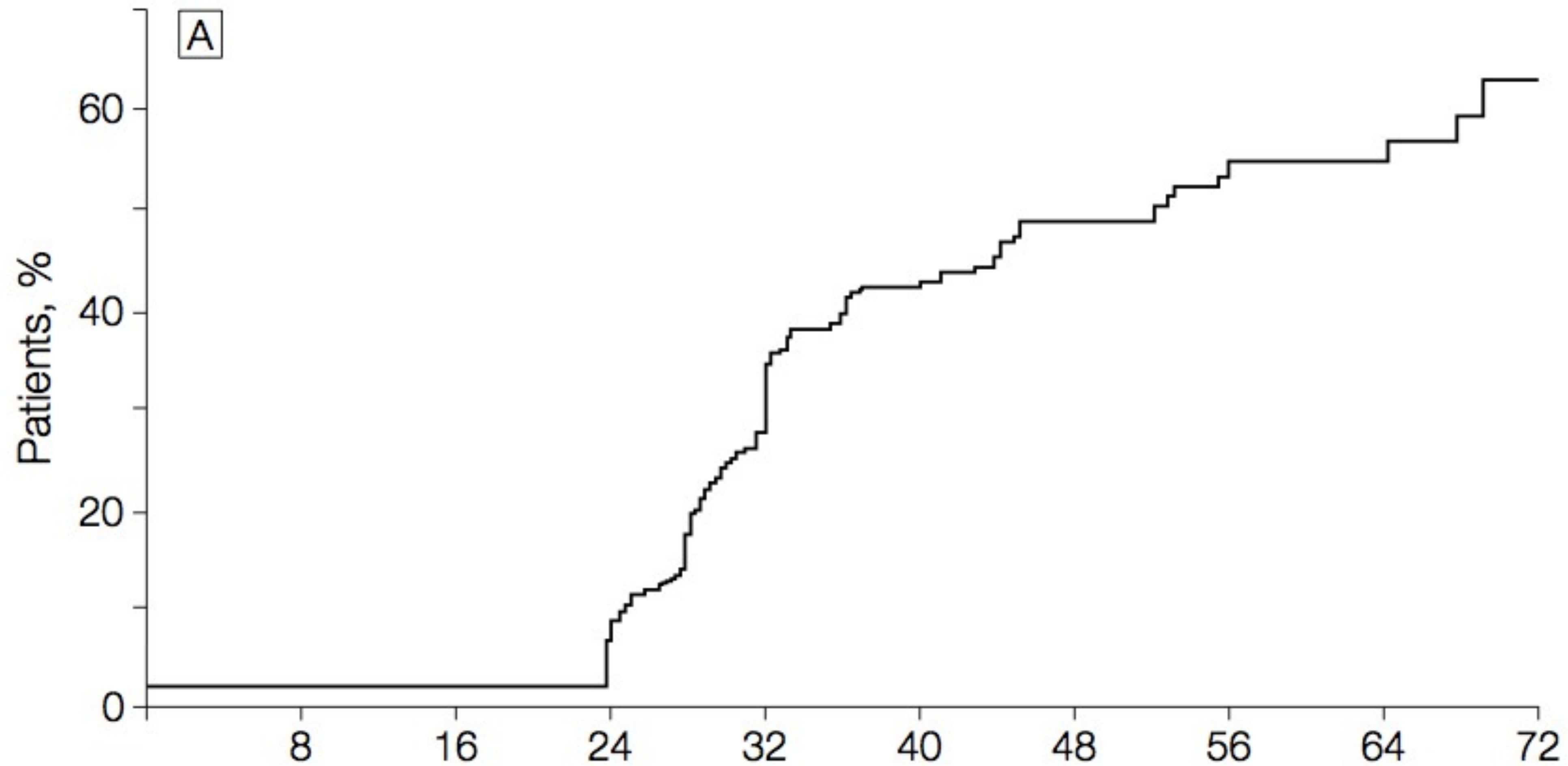
Vistide®



Efficacy and Safety of Adefovir Dipivoxil With Antiretroviral Therapy

A Randomized Controlled Trial

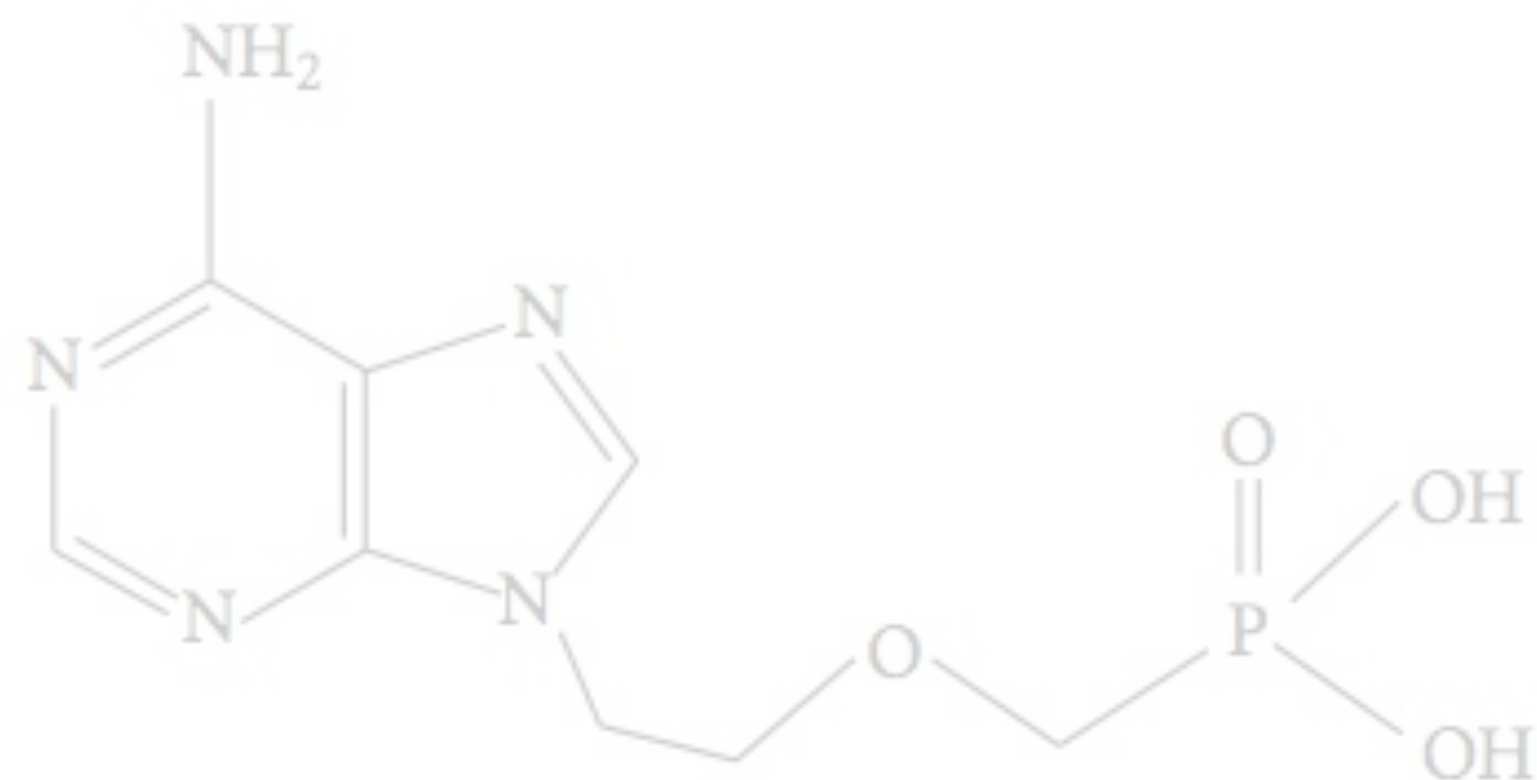
Temps jusqu'à $P_i < 0.65 \text{ mmol/l}$



Source: Kahn et coll. JAMA 1999

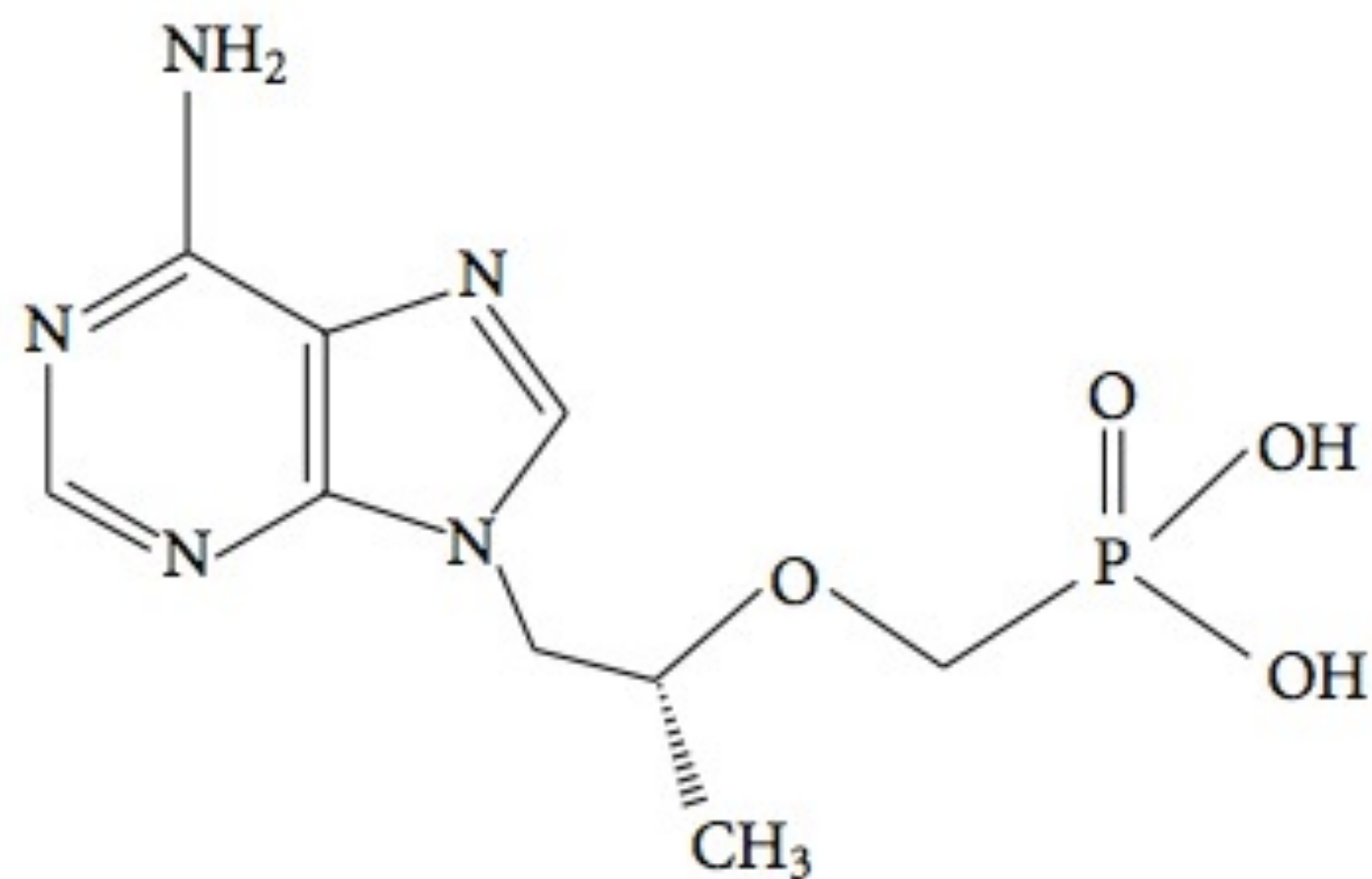
Conclusion

This study suggests that once-daily adefovir [120 mg] therapy reduces HIV RNA and is active against isolates resistant to lamivudine or lamivudine and zidovudine. **Nephrotoxicity** occurred when treatment extended beyond 24 weeks but was reversible.



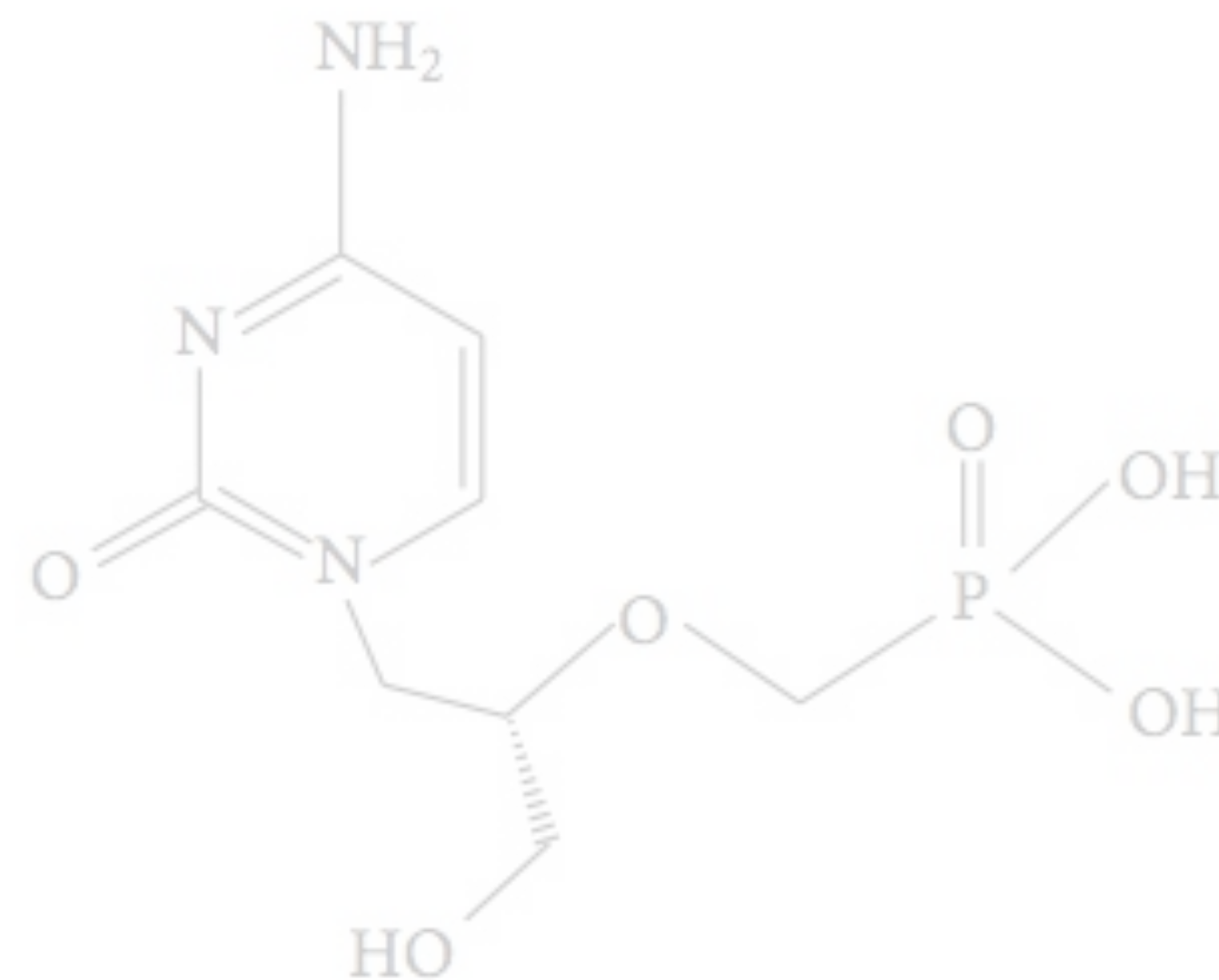
Adéfovir

Hepsera®



Ténofovir

Viread®, Truvada®, Atripla®



Cidofovir

Vistide®



Efficacy and Safety of Tenofovir DF vs Stavudine in Combination Therapy in Antiretroviral-Naive Patients

A 3-Year Randomized Trial

Comment

There have been **case reports of renal toxicity** in patients with antiretroviral regimens containing tenofovir DF. **However**, through 3 years in this study in patients with normal renal function at baseline, the **renal safety profile was similar** between the tenofovir DF and stavudine groups.

ORIGINAL ARTICLE

Tenofovir DF, Emtricitabine, and Efavirenz vs. Zidovudine, Lamivudine, and Efavirenz for HIV

Joel E. Gallant, M.D., M.P.H., Edwin DeJesus, M.D., José R. Arribas, M.D.,
Anton L. Pozniak, M.D., Brian Gazzard, M.D., Rafael E. Campo, M.D., Biao Lu, Ph.D.,
Damian McColl, Ph.D., Steven Chuck, M.D., Jeffrey Enejosa, M.D.,
John J. Toole, M.D., Ph.D., and Andrew K. Cheng, M.D., Ph.D.,
for the Study 934 Group*

Source: Gallant et coll N Engl J Med 2006

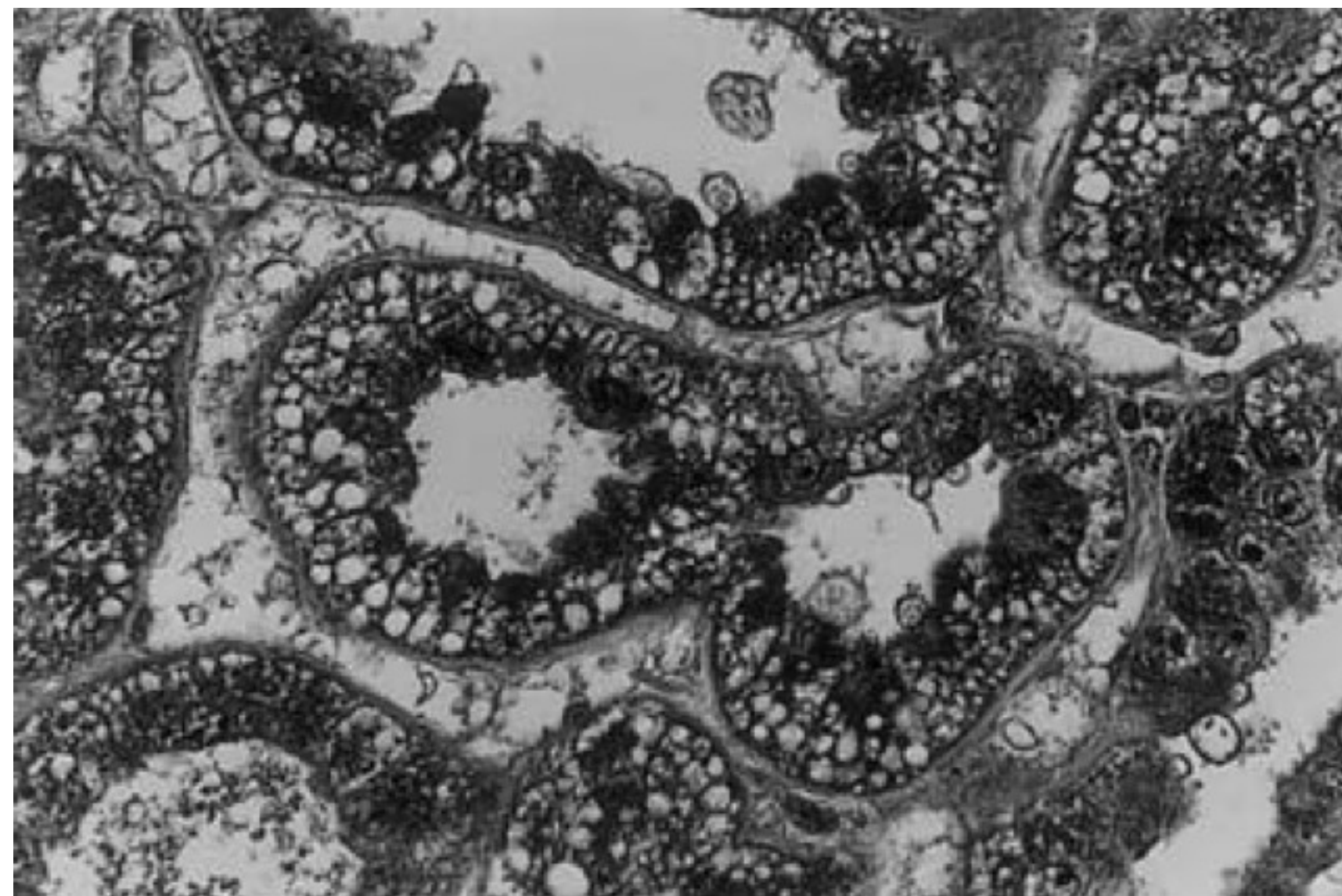
Safety and tolerability

We closely followed markers of renal function. [...]
There were **no cases of Fanconi's syndrome.**

Pourtant dans la vraie vie...

Fanconi syndrome and renal failure induced by tenofovir:

A first case report



Source: Verhelst et coll. Am J Kidney Dis 2002

Case report

Laboratory results showed elevated serum creatinine 194 $\mu\text{mol/L}$, and urea levels 6 mmol/L], **decreased bicarbonate level** (14 mEq/L) with normal anion gap, hypokaliemia (2.9 mEq/L), and **hypophosphatemia** 0.48 mmol/L . Serum protein concentration was unchanged 79 g/L . In a urine sample, sodium was 18 mEq/L , potassium 12 mEq/L , urea 50.6 mmol/L , and creatinine 1.6 mg/dL . Urinalysis results showed a **proteinuria** (2 g/d) containing only 30% of albumin.

Case report

Further investigations **confirmed the existence of a Fanconi syndrome**, characterized by the association of **decreased maximal transport of bicarbonate** (15 mEq/L of glomerular filtrate; normal >27 mEq/L), **decreased maximal transport of phosphate** (0.34 mg/dL of glomerular filtrate; normal >2.38 mg/dL), **normoglycemic glucosuria**, **generalized aminoaciduria**, and **high urinary excretion of β 2-microglobulin** (23.10 mg/L; normal <0.30 mg/L).

see commentary on page 1060

Tenofovir nephrotoxicity: acute tubular necrosis with distinctive clinical, pathological, and mitochondrial abnormalities

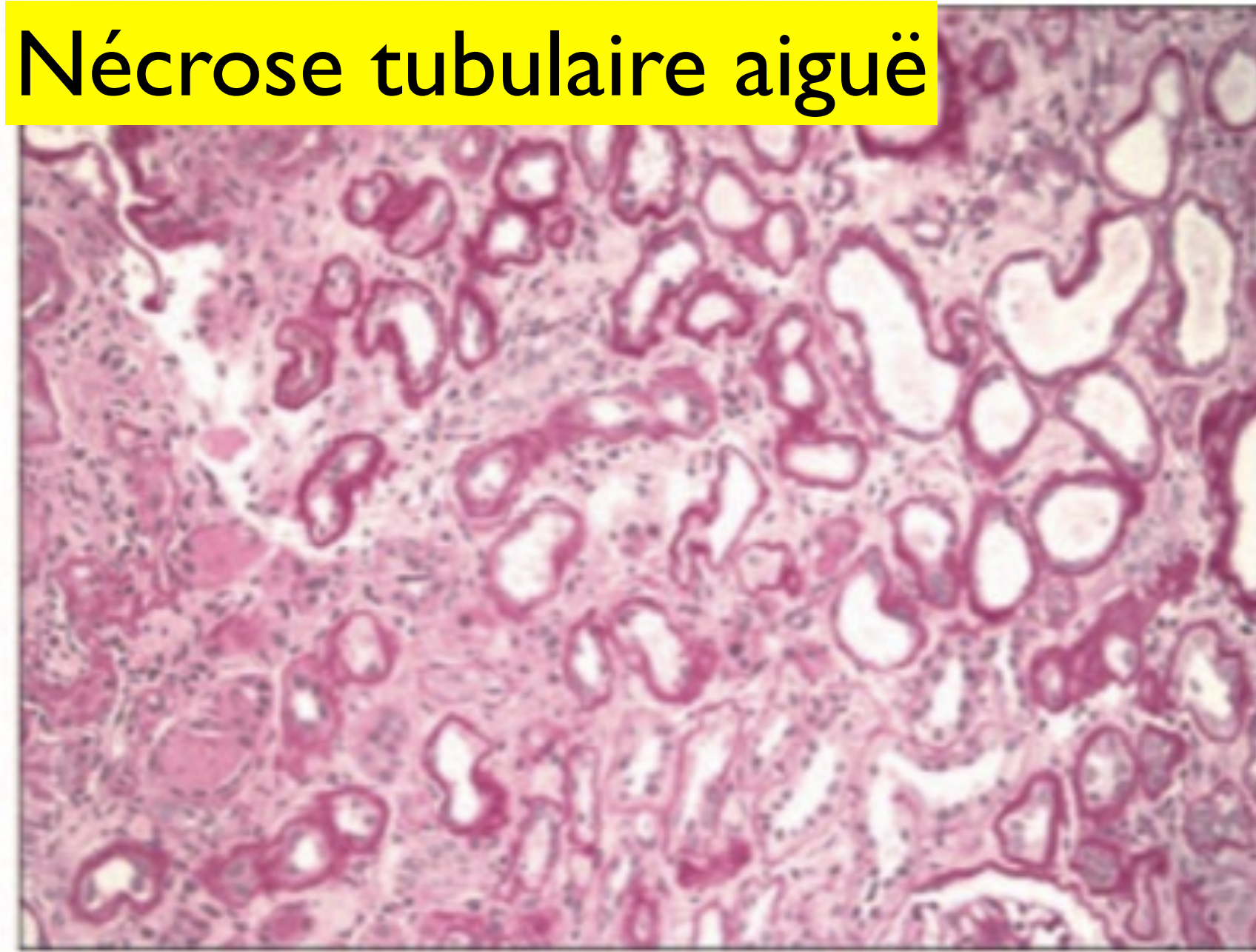
Leal C. Herlitz¹, Sumit Mohan³, Michael B. Stokes¹, Jai Radhakrishnan², Vivette D. D'Agati¹ and Glen S. Markowitz¹

¹Department of Pathology, Columbia University College of Physicians and Surgeons, New York, New York, USA; ²Department of Medicine, Columbia University College of Physicians and Surgeons, New York, New York, USA and ³Department of Medicine, Harlem Hospital Center and Columbia University College of Physicians and Surgeons, New York, New York, USA

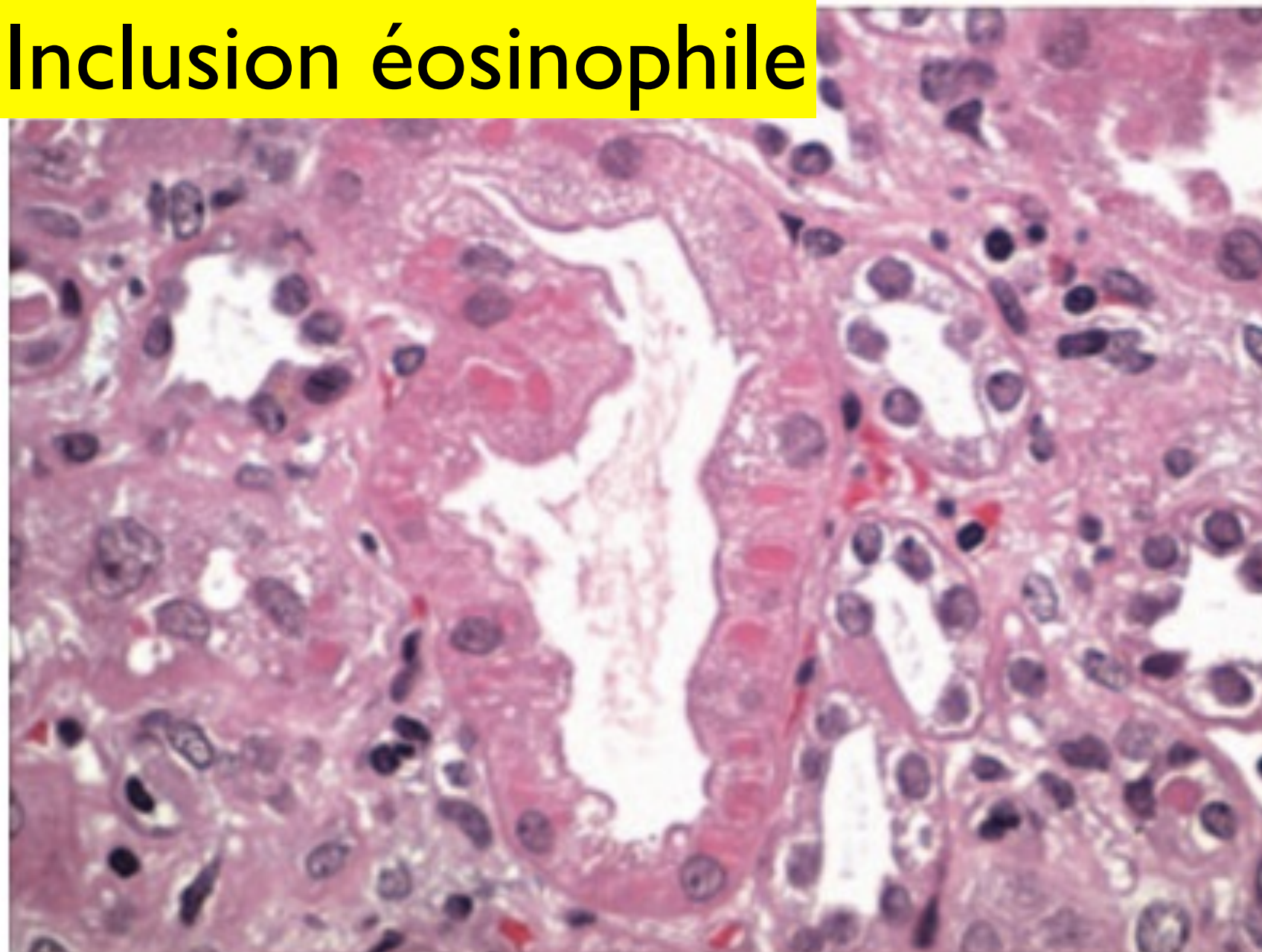
Nécrose tubulaire aiguë



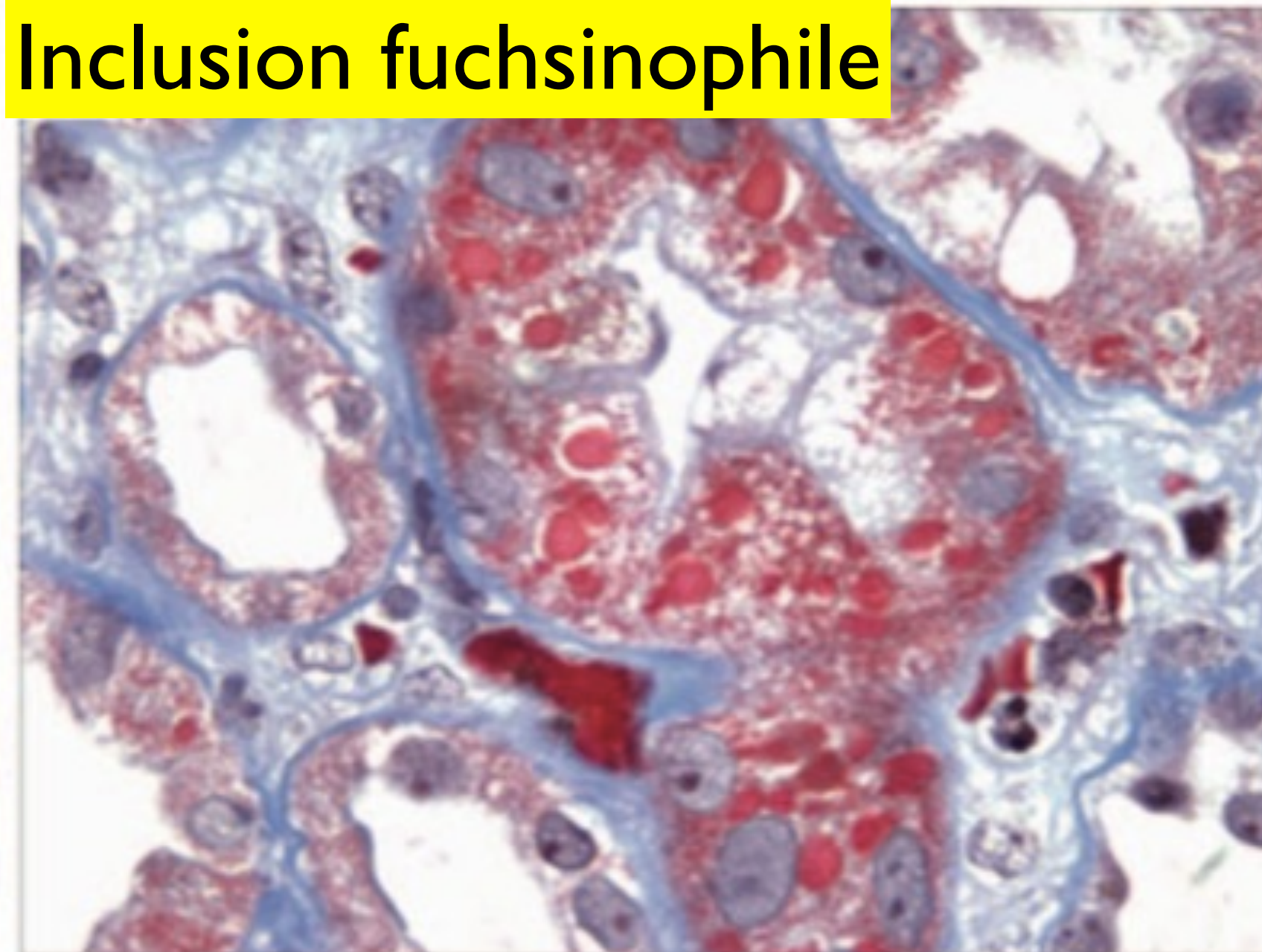
Nécrose tubulaire aiguë



Inclusion éosinophile

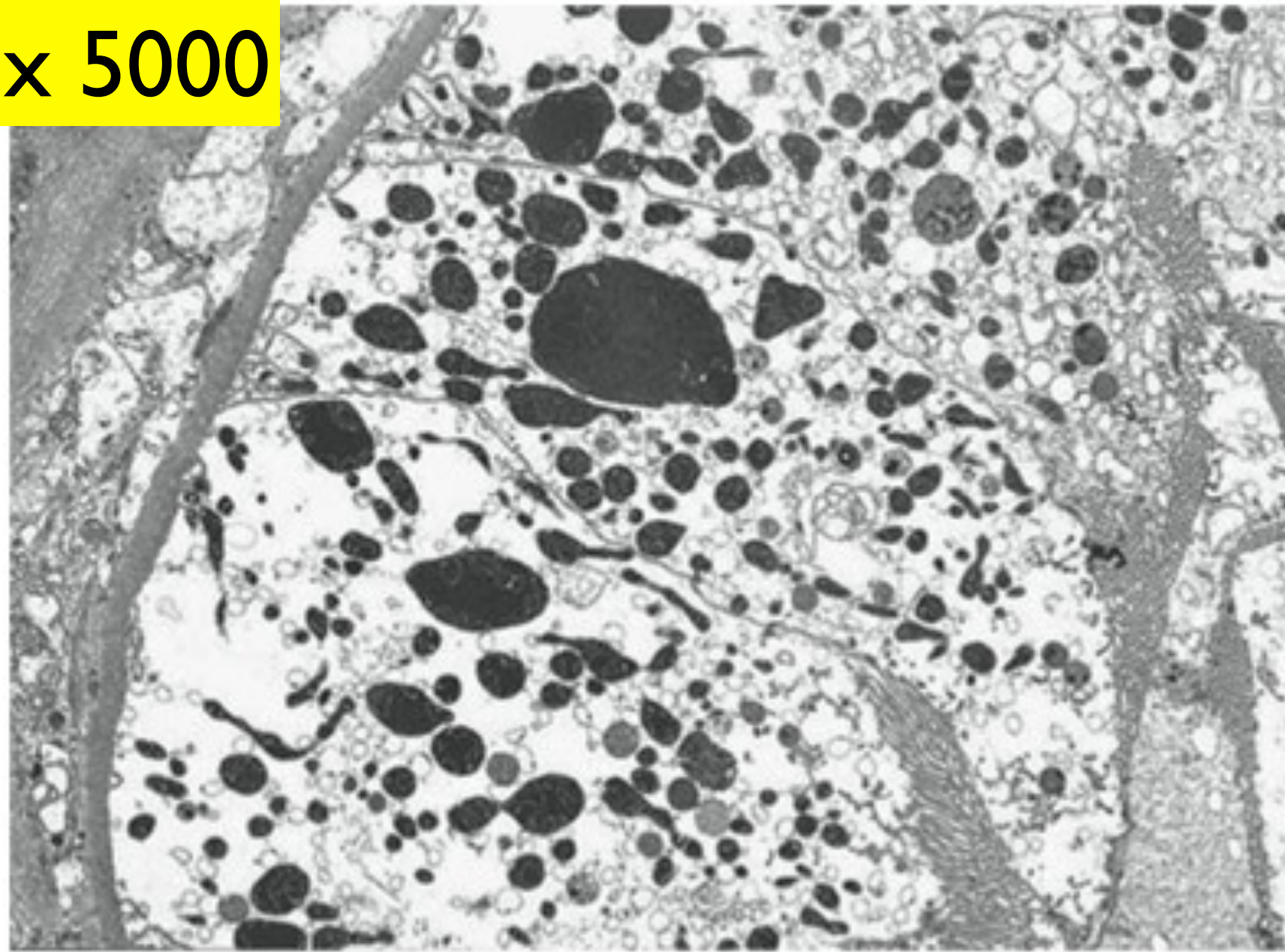


Inclusion fuchsinophile

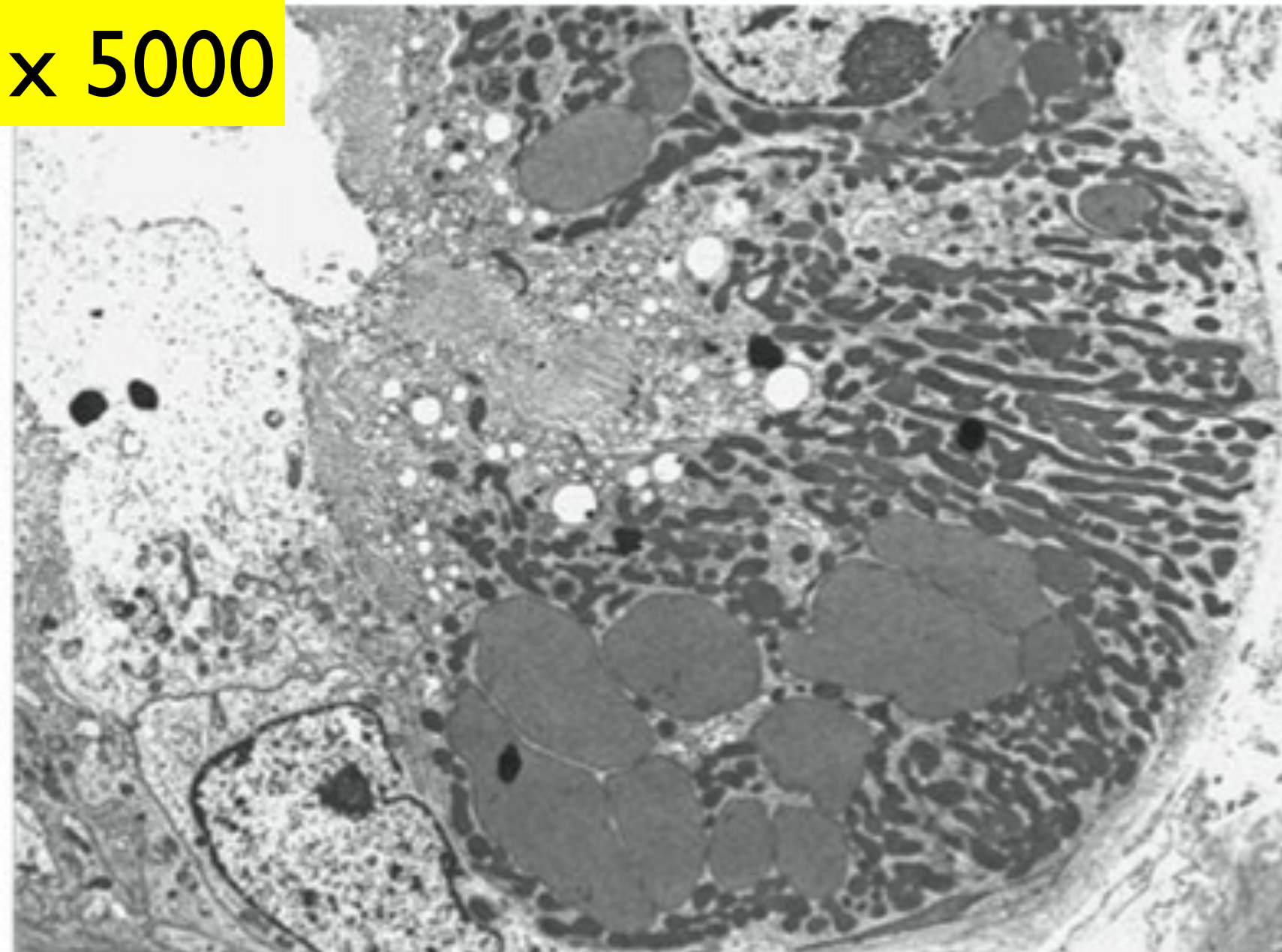


Source: Herlitz et coll. Kidney International 2010

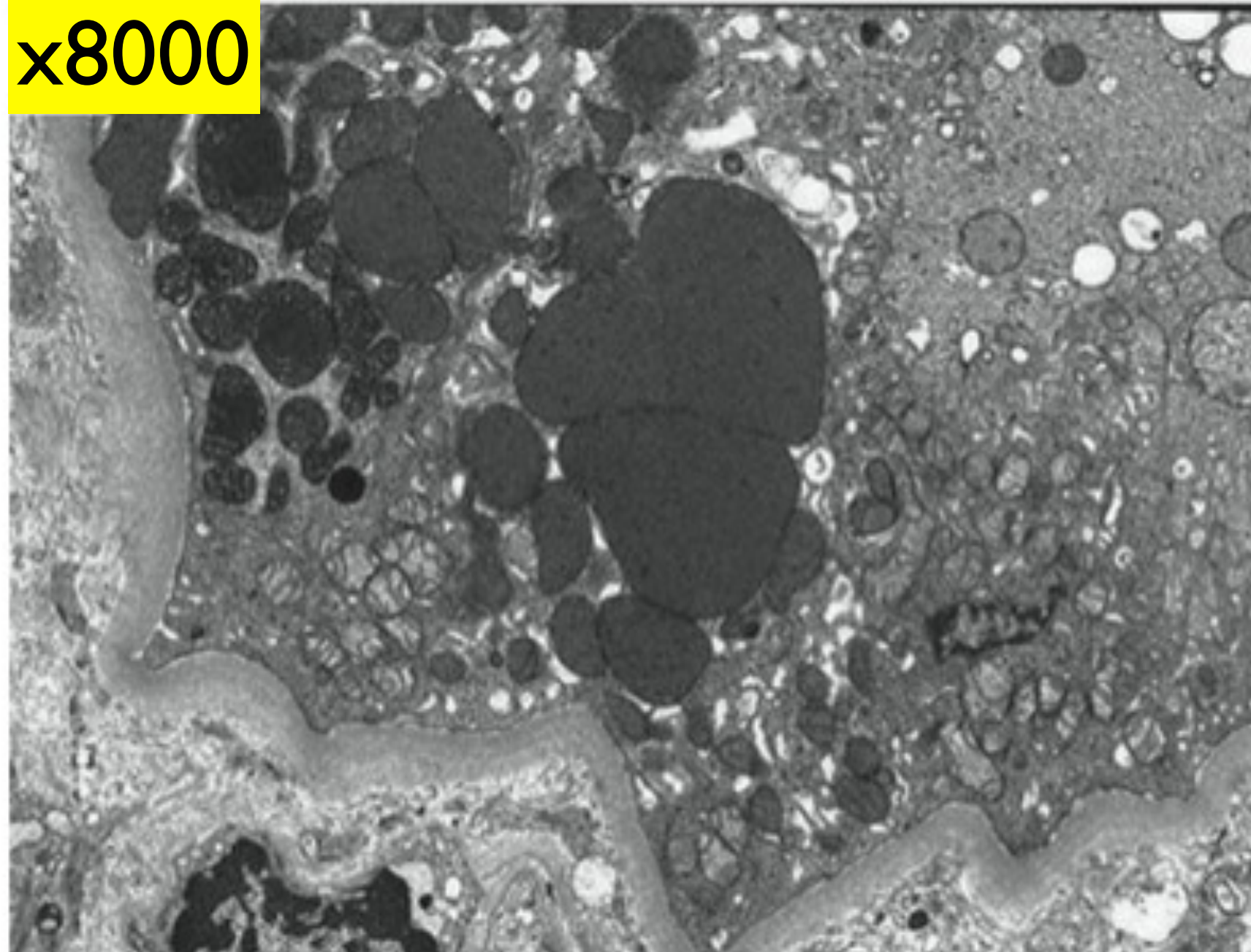
x 5000



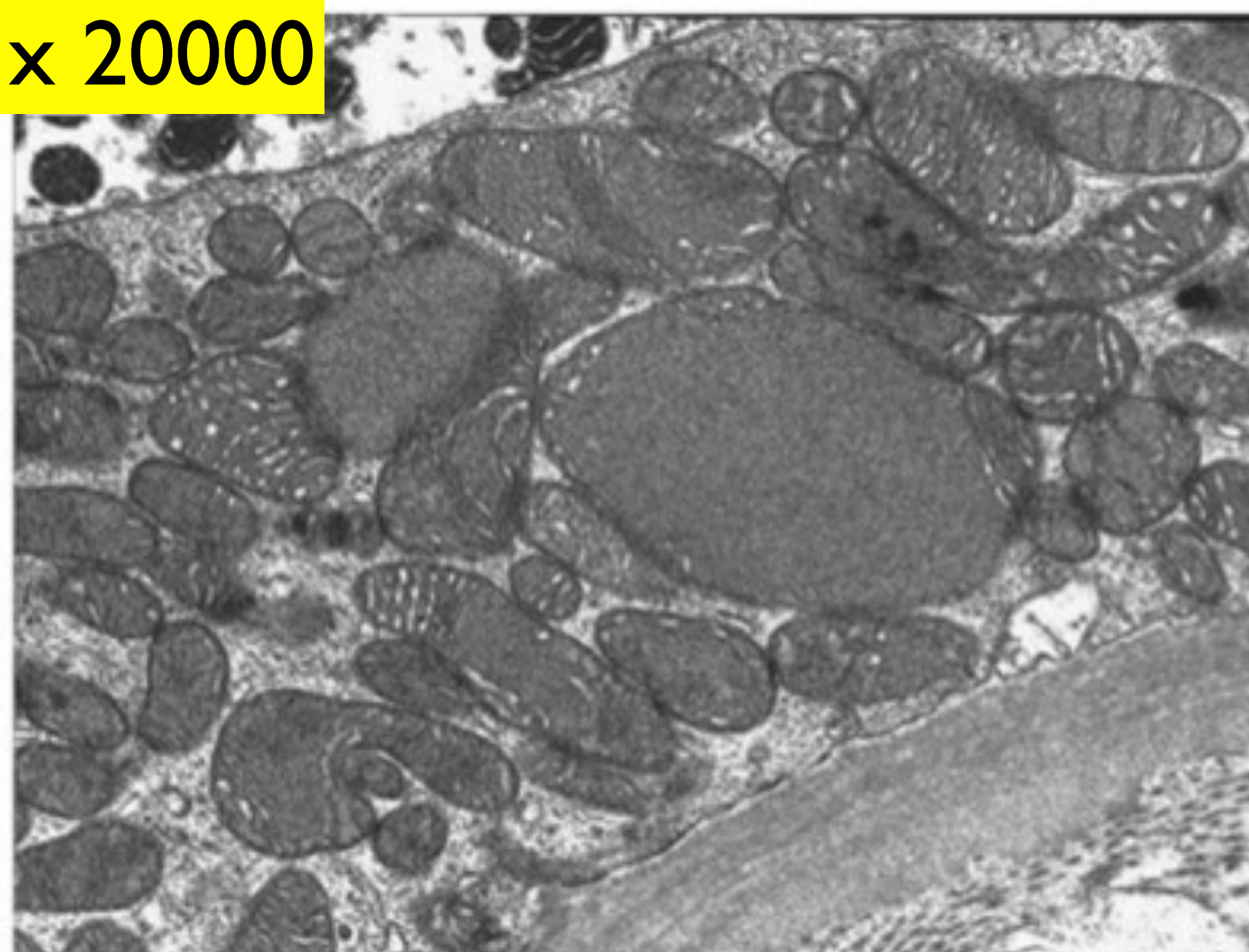
x 5000



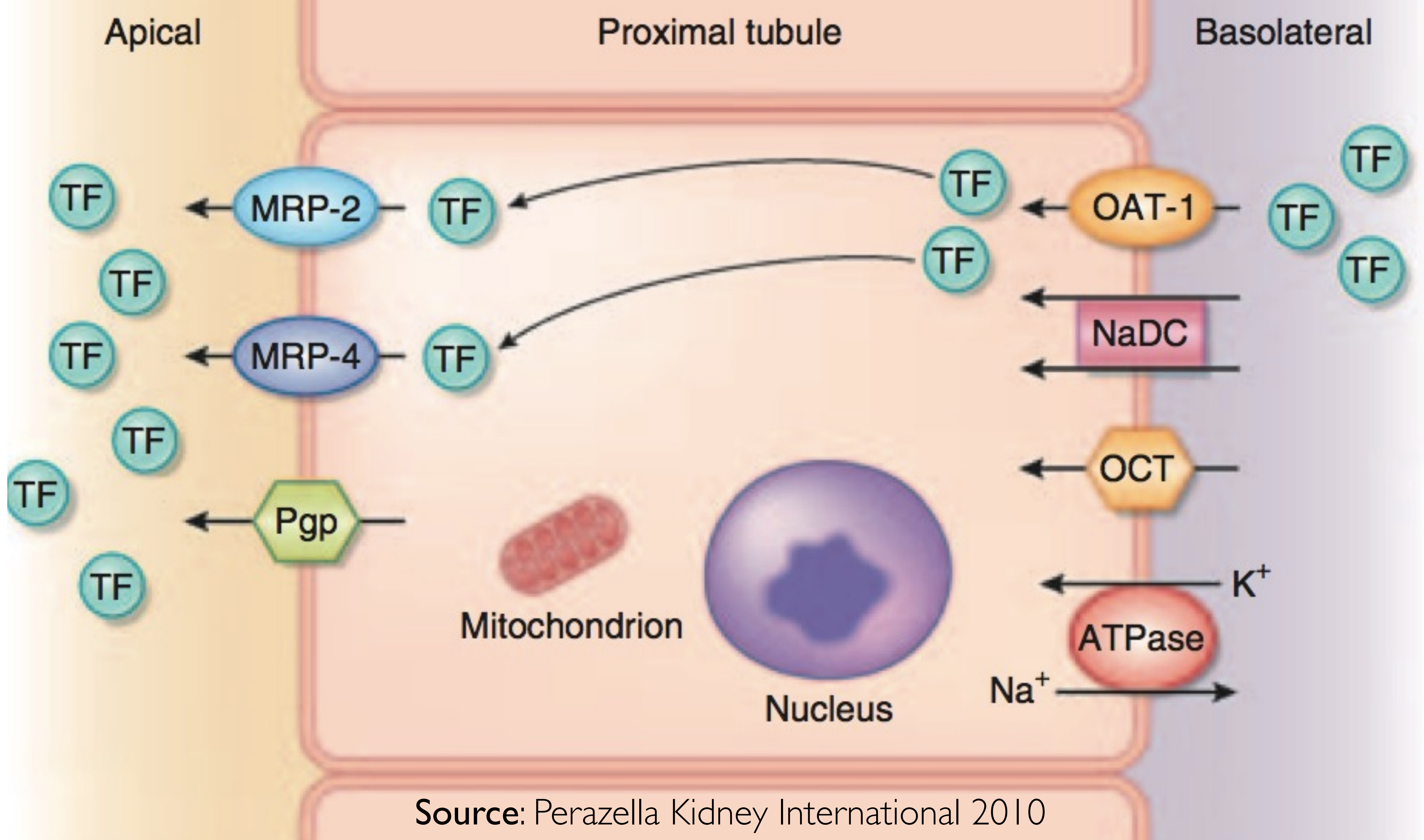
x8000

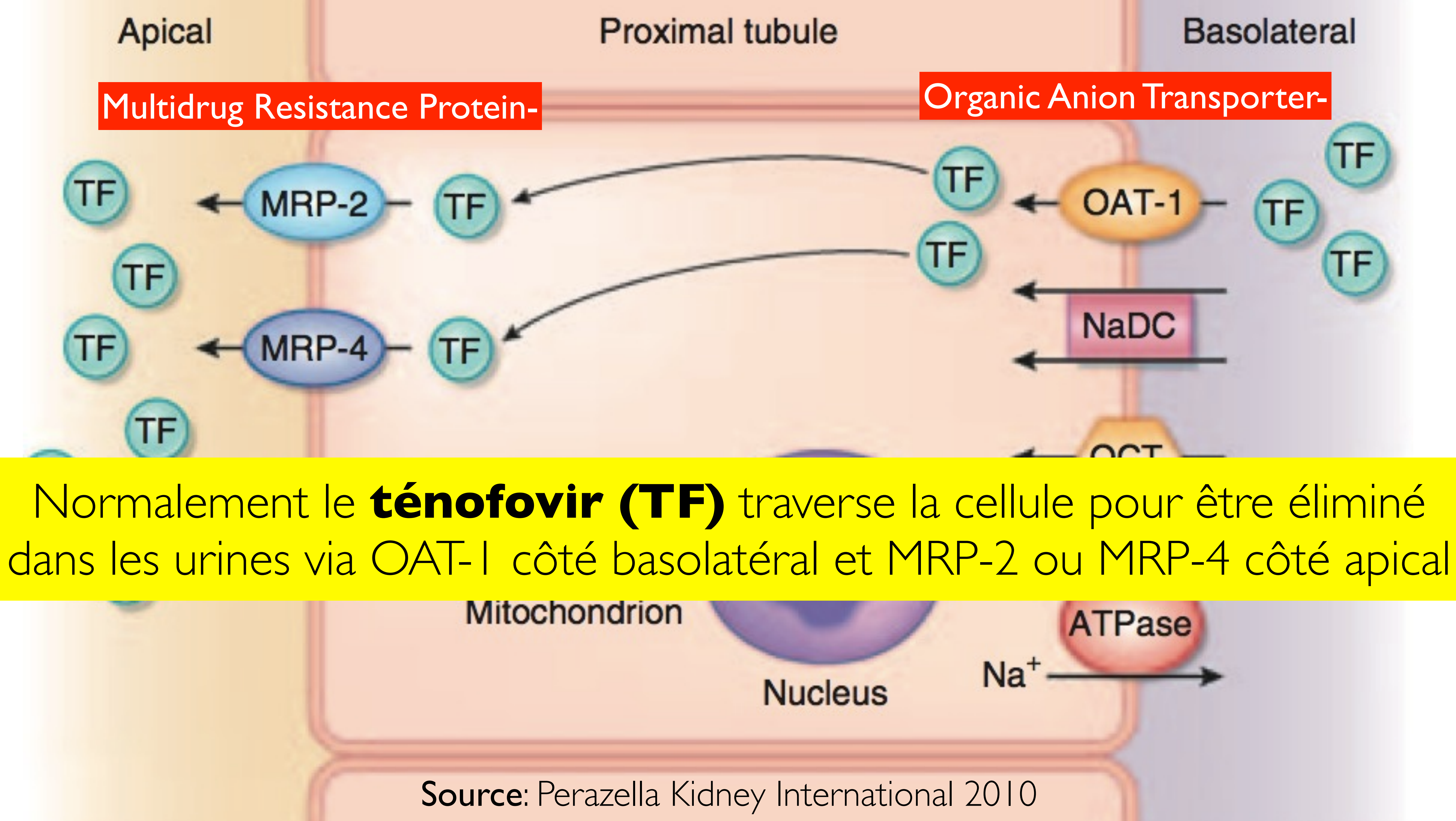


x 20000

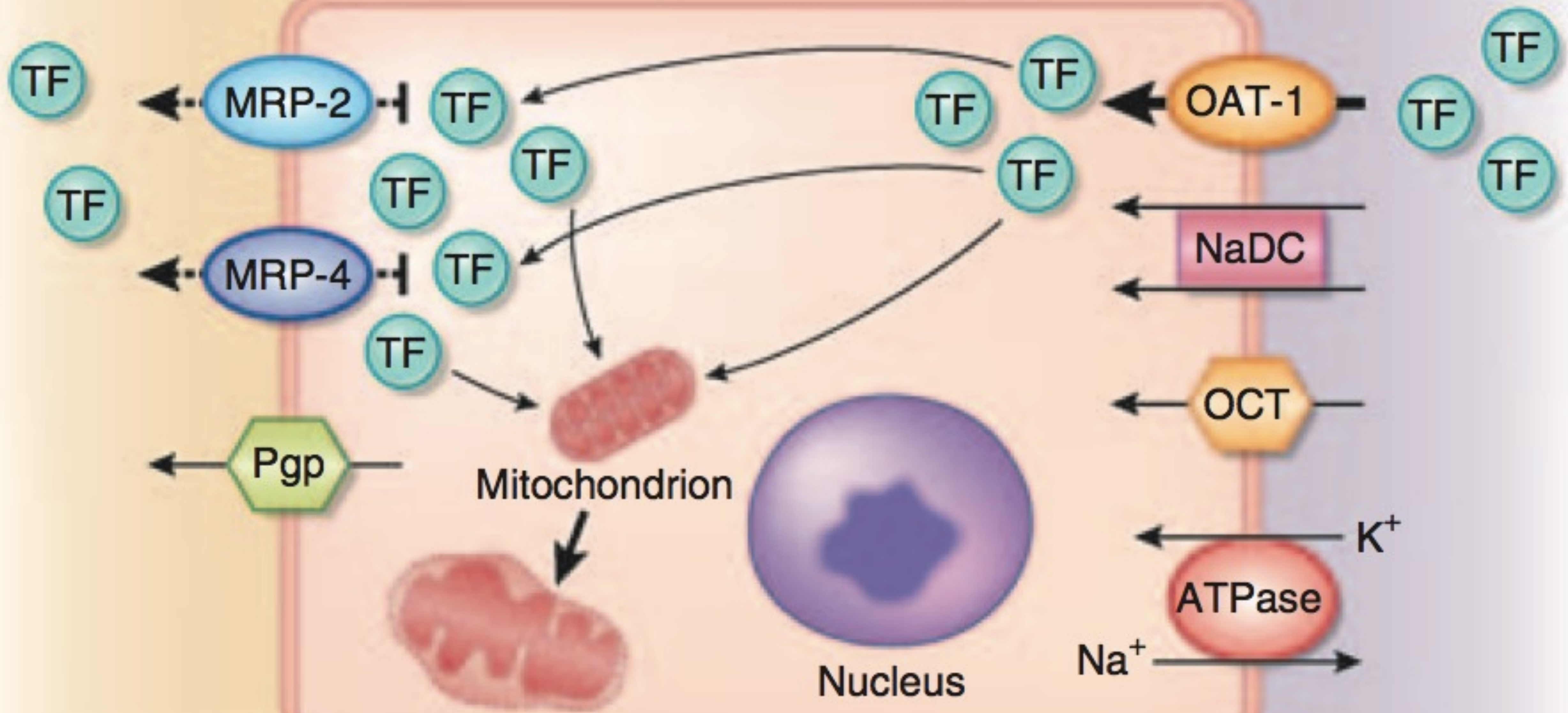


Source: Herlitz et coll. Kidney International 2010





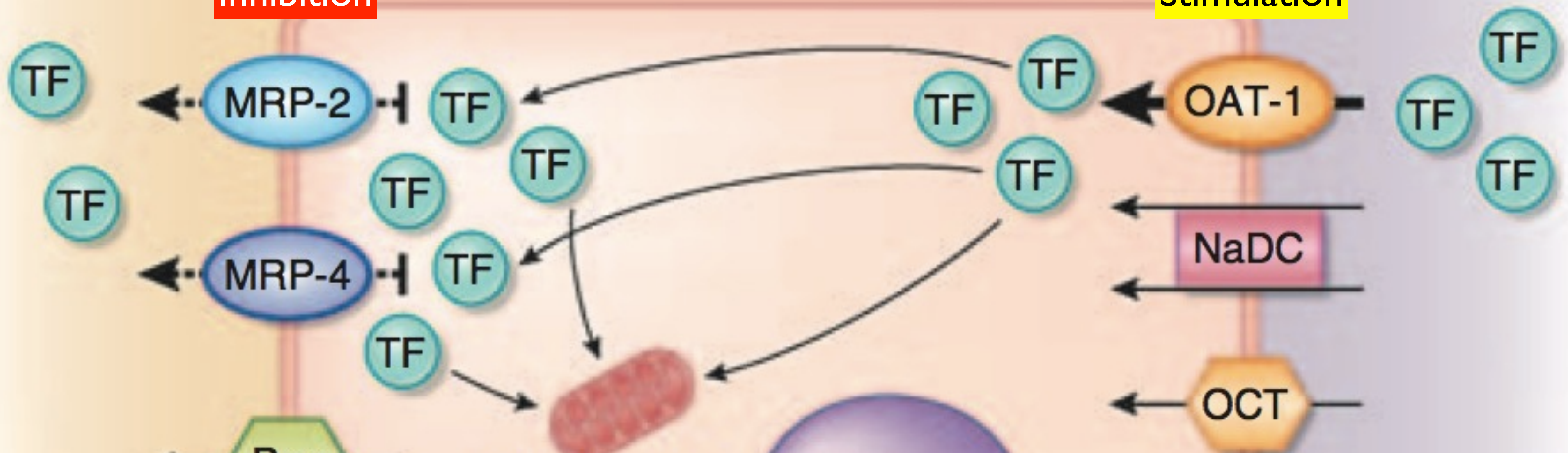
Source: Perazella Kidney International 2010



Source: Perazella Kidney International 2010

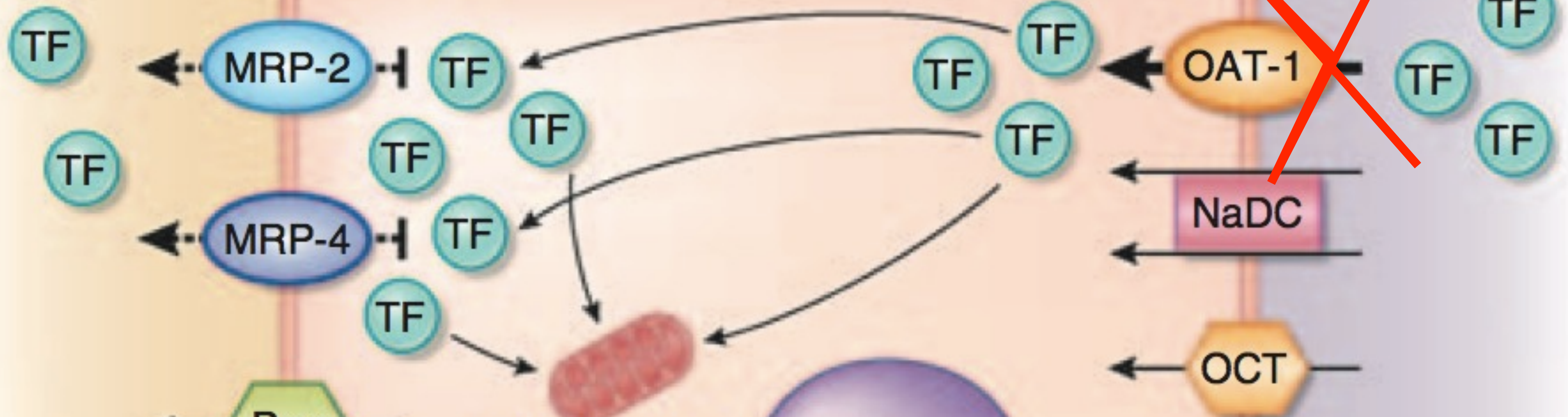
Inhibition

Stimulation



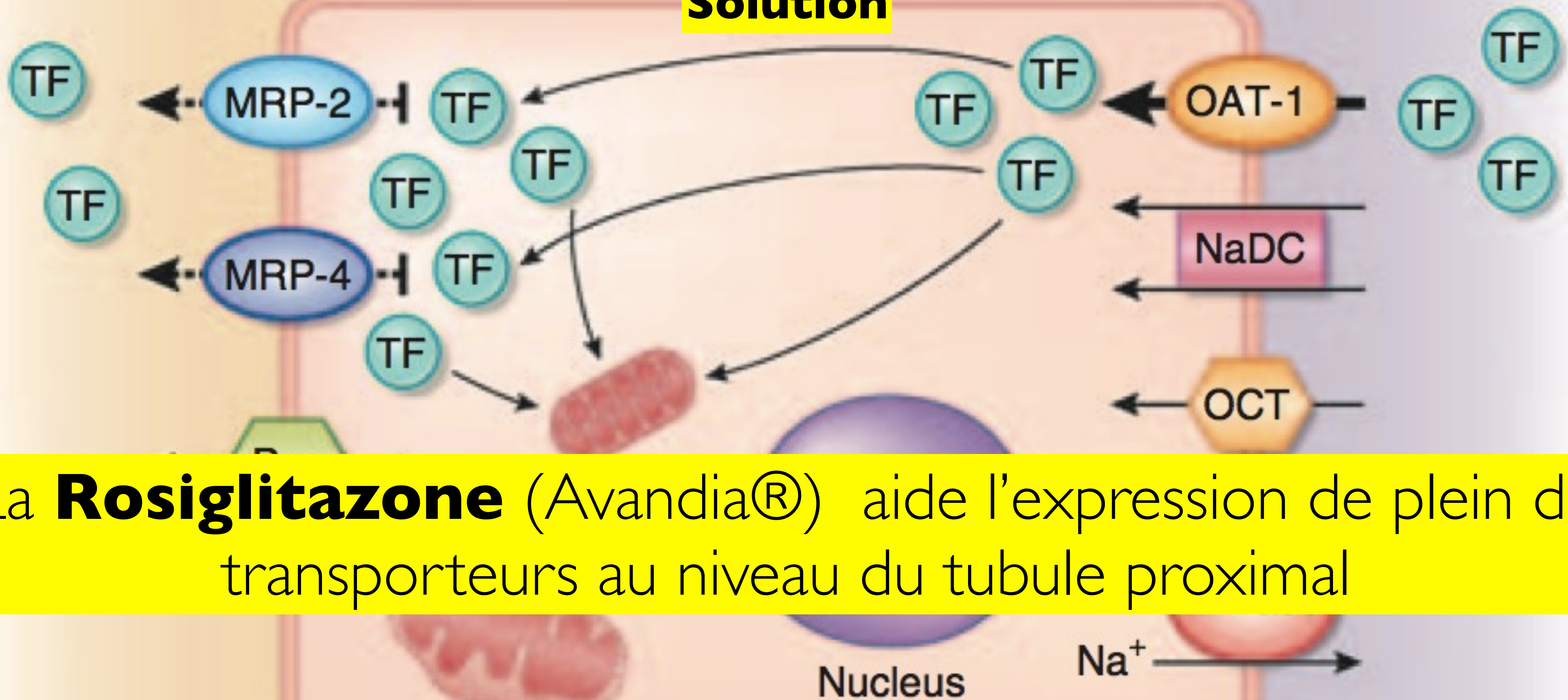
En cas de stimulation d'OAT-1 ou d'inhibition de MRP-2 ou MRP-4, le **TF s'accumule dans la cellule** et est **toxique** pour la mitochondrie

Solution



Le **probenécide** (Santuril®) est un inhibiteur d'OAT-1

Solution

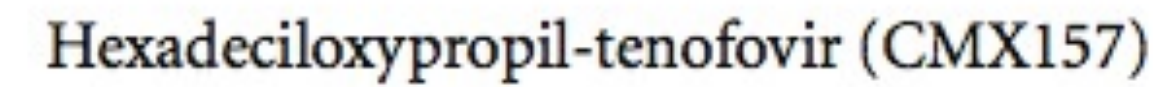


La **Rosiglitazone** (Avandia®) aide l'expression de plein de transporteurs au niveau du tubule proximal

Solution

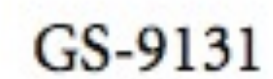


Viread®, Truvada®, Atripla®



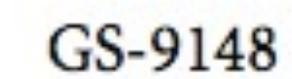
Estérification

pas reconnu par OAT



Modification ribose

moins transportée à travers cellule



A close-up photograph of a woman with blonde hair and green eyes, smiling warmly. The image is the background for the entire slide.

Il fallait le dire...

The most effective treatment of tenofovir nephrotoxicity is
stopping tenofovir.

Source: Fernandez-Fernandez et coll. AIDS Research and Treatment 2011



Quel suivi et quel bilan ?



Predictors of significant renal function decline

Preexisting renal impairment

Older age

Advanced HIV disease

Vasculometabolic disease

Concomitant use of nephrotoxic drugs or protease inhibitors

Low body weight

ABCC2 gene (encoding the outward tenofovir transporter

MRP-2) polymorphisms

MAJOR ARTICLE

Systematic Review and Meta-analysis: Renal Safety of Tenofovir Disoproxil Fumarate in HIV-Infected Patients

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Study authors, year [reference]	Country (study)	Design	ART-naïve participants	Treatment ^a	Comparator	Cotreatment	CG-GFR (in mL/min) or other exclusion	Sample size	Duration of follow-up, weeks
Campbell et al, 2009 [36]	UK	Registry	Both ^b	TDF-containing regimen	TDF-sparing regimen ^c	Any HAART	...	3439	104–520
De Jesus et al, 2009 [37]	US	RCT	No	TDF, EFV, FTC	Any HAART, no restrictions ^d	None	<60	306	48
Guaraldi et al, 2009 [39]	Italy	PC	No	TDF-containing regimen	TDF-sparing regimen	Any HAART	MDRD ≤60 and >90	99	48
Kinai et al, 2009 [40]	Japan	PC	No	TDF-containing regimen	TDF-sparing regimen	Any HAART	MDRD <80	63	96
Martinez et al, 2009 [41]	Spain (BICOMBO)	RCT	No	TDF; FTC-containing regimen	ABC; 3TC-containing regimen	Any PI or NNRTI	SCr >2 mg/dL	335	48
Smith et al, 2009 [44]	US (HEAT)	RCT	Yes	TDF; FTC	ABC; 3TC	LPV/r ^e ; no NNRTIs	<50	694	96
Arribas et al, 2008 [34]	Spain, UK, and US	RCT	Yes	TDF; FTC	ZDV; 3TC	EFV; no PIs	≤50	517	144
Goicoechea et al, 2008 [18]	US	PC (nested in RCT)	No	TDF; PI/r-containing regimen; NNRTI- containing regimen	TDF-sparing regimen	Any HAART	...	146	48
Fux et al, 2007 [16]	Switzerland (HIV Cohort Study)	PC	Both ^b	TDF-containing regimen	TDF-sparing regimen	Any HAART	...	1078	86 ^f
Young et al, 2007 [20]	US (HOPS)	PC	No	TDF-containing regimen	TDF-sparing regimen	Any HAART	<50	1114	44 ^f
Moyle et al, 2006 [42]	UK (RAVE)	RCT	No	TDF-containing regimen	ABC-containing regimen	Any HAART; no d4T; ZDV	SCr >1.25 ×ULN	105	48
Winston et al, 2006 [19]	Australia	PC	No	TDF-containing regimen	TDF-sparing regimen	Any HAART	...	948	121
Gallant et al, 2005 [17]	US (John Hopkin's HIV Clinical Cohort)	PC	Both ^b	TDF-containing regimen	TDF-sparing regimen	Any HAART	...	658	46
Gallant et al, 2004 [38]	US, South Amer- ica, and Europe	RCT	Yes	TDF	d4T	3TC (150 mg BID); EFV (600 mg QD) or NVP (200 mg BID); no PIs	<60	600	144
Squires et al, 2003 [45]	US and UK	RCT	No	TDF	Placebo	Any HAART, no restrictions ^d	<60	552	24
Schooley et al, 2002 [43]	US	RCT	No	TDF (75, 150, or 300 mg QD)	Placebo	Any HAART	...	189	48
Barditch-Crovo et al, 2001 [35]	US	RCT	No	TDF (75, 150, 300, or 600 mg QD)	Placebo	None	<60	49	...

Meta-analysis

13 studies (> 5767 patients) reported a **significantly faster loss of kidney function** (-5.4 ml/min) in patients receiving tenofovir compared with control subjects (mean difference between group in GFR loss estimated by CG formula: 3.9 ml/min; 95% CI 2.1-5.7 ml/min)

Association of tenofovir exposure with kidney disease risk in HIV infection

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Source: Scherzer et coll. AIDS 2012

I0'84I HIV-infected patients from VHA (1997-2007)

Table 2. Association of tenofovir exposure with risk^a of kidney disease outcomes.

	Demographic-Adjusted Model ^b		Time-Dependent Cox Model ^c		Marginal Structural Model ^d	
	Hazard Ratio (95% CI)	P Value	Hazard Ratio (95% CI)	P Value	Hazard Ratio (95% CI)	P Value
Cumulative Exposure to Tenofovir (per year)						
Proteinuria (<i>n</i> = 3400 events)	1.30 (1.22–1.37)	<0.0001	1.34 (1.25–1.45)	<0.0001	1.24 (1.17–1.32)	<0.0001
Rapid decline ^e (<i>n</i> = 3078 events)	1.17 (1.11–1.24)	<0.0001	1.11 (1.03–1.18)	0.0033	1.16 (1.09–1.23)	<0.0001
CKD (<i>n</i> = 553 events)	1.44 (1.30–1.60)	<0.0001	1.33 (1.18–1.51)	<0.0001	1.36 (1.22–1.51)	<0.0001
Ever Exposure to Tenofovir						
Proteinuria (<i>n</i> = 3400 events)	1.70 (1.57–1.85)	<0.0001	1.68 (1.52–1.85)	<0.0001	1.51 (1.36–1.66)	<0.0001
Rapid decline (<i>n</i> = 3078 events)	1.51 (1.39–1.64)	<0.0001	1.36 (1.23–1.50)	<0.0001	1.50 (1.36–1.67)	<0.0001
CKD (<i>n</i> = 553 events)	2.11 (1.76–2.54)	<0.0001	1.71 (1.38–2.12)	<0.0001	1.88 (1.50–2.36)	<0.0001

^aEach analysis excludes patients who had the condition at baseline. *Abbreviations:* Confidence Interval (CI); Chronic kidney disease (CKD).

^bDemographic adjusted Cox model includes drug exposure, age, sex, race, and time.

^cTime-dependent multivariable adjusted model includes exposure to tenofovir and all other antiretroviral drugs, age, sex, race, baseline comorbid conditions (diabetes, hypertension, dyslipidemia, prevalent cardiovascular disease, smoking, drug abuse, hepatitis B and C virus infection), baseline measurements (CKD or proteinuria, BMI category), and current measurements (CD4 count, viral load, CKD or proteinuria, lipids, diabetes, and hypertension). Rapid decline model controls for both baseline CKD and proteinuria. Proteinuria model controls for baseline CKD, and CKD model controls for baseline proteinuria.

^dMarginal structural model includes all baseline variables in multivariable model.

^eRapid decline in kidney function was defined as an annual decline of 3 ml/min/1.73m² or more for two consecutive years.

Source: Scherzer et coll. AIDS 2012

Conclusion

Tenofovir exposure was independently associated with increased risk for three types of kidney disease events, and **did not appear to be reversible**. Because subtle kidney function decline affects long-term morbidity and mortality, the balance between efficacy and probable adverse effects requires further study.



"What it does mean is you need to be **monitoring these patients closely**. You need to be checking kidney function, and if the signs are trending toward worsening function, consider alternatives."

Source: Michael Horberg, director of HIV/AIDS at Kaiser Permanente

Regular Follow-up

		eGFR1 ⁽ⁱ⁾		
		≥ 60 mL/min	30-59 mL/min	< 30 mL/min
Proteinuria ⁽ⁱⁱ⁾	UP/C ⁽ⁱⁱⁱ⁾ < 50	Regular Follow-up		• Check risk factors for CKD and nephrotoxic medication including ART ^(iv) • Discontinue or adjust drug dosages where appropriate ^(v) • Perform renal ultrasound • Urgent referral to nephrologist
	UP/C ⁽ⁱⁱⁱ⁾ 50-100	• Check risk factors for CKD and nephrotoxic medication including ART ^(iv) • Discontinue or adjust drug dosages where appropriate ^(v) • Perform renal ultrasound • If haematuria present with any level of proteinuria refer to nephrologist. • Refer to nephrologist if new CKD or progressive decline in eGFR		
	UP/C ⁽ⁱⁱⁱ⁾ > 100			

Source: EACS Guidelines version 6.0 - October 2011

Infectious Disease Society of America (IDSA)

Patients recevant du ténofovir et ayant un DFG < 90 ml/min, des comorbidités (diabète ou hypertension), ou qui reçoivent du ritonavir («boosted protease inhibitor») doivent être dépistés **au moins 2x par an** (fonction rénale, phosphore sérique, protéinurie et glycosurie)

Recommandations HUG

~~Patients recevant du ténofovir et ayant un DFG < 90 ml/min, des comorbidités (diabète ou hypertension), ou qui reçoivent du ritonavir («boosted protease inhibitor»)~~ doivent être dépistés **au moins 2x par an** (fonction rénale, phosphore sérique, protéinurie et glycosurie)

Questions en suspend

Patients avec DFG < 60 ml/min (?)
Patients avec facteurs de risque (?)
Quand arrêter le ténofovir (?)
Faut-il le commencer (?)
PEP (?)

A close-up photograph of a woman with blonde hair, smiling and looking slightly to the side. The image is used as a background for text overlays.

Il faut le dire...

Mise en évidence d'une néphrotoxicité d'un médicament que l'on savait être néphrotoxique, mais moins que les autres NtRTI...



Cas cliniques et discussion





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